

TRADING THE

**QQQ**

By  
Cousin Vinny

*FEB 2012*

# DISCLAIMER

- The following is **not** an investment or trading recommendation.
- The losses in investing and trading can be very real, and depending on your investment vehicle , can **exceed** your initial investment.
- I am **not** a licensed trading or investment adviser, or financial planner.
- You should **make your own** trading and investment decisions based off your own research, and tolerance for risk.
- What follows are just **some tips** which hopefully you will find useful.

## - SETUP -

MBT CHARTS w/ 3, 10, 30, 65, 130, ST, MT, LT

Set the QQQ with QQV underneath so you can watch them both

The combination of the 10, 65, MT  
will show the channel.

Look for the WEEK to match up with the 65

## *“OFF THE TOP”*

Look at MT (week) – off the Top –  
follow the trend - buy puts

On the bounce – buy calls

**ENTRY** : the direction of the 65 w/ angle & sep.  
(Strong Trend)

Look for 10 to roll over then 3 to roll over w/  
Angle & sep.

Don't go in first 1/2 hour

Look for 12 – 15 cents on an option

If you have the 65, you can take any 3, 10  
off the top  
(advanced)

## Particulars

- 1 trade per day
- 100 contracts
- 12 cent move
- 2 cents for your broker
- 10 cents for you
- Risk/Reward – stop @ 6 cents 2/1 R/R
- % stopped out is small
- Sweet spot is 72 delta, front mo., ITM
- If it's moving, should be out in 5-10 min.

# ANCHOR LITE

This is the lite that contains the amount of ATR  
you are looking for.

If you need a 20 cent move, you will need to use  
the **65 anchor**, or *maybe* the 30.

Some days, QQQ will go all day w/o a setup.  
**PATIENCE !**

With a \$28k acct., you can afford to do (2) trades a day w/ 100  
contracts in the QQQ and double your account in a month.

(OR GO BROKE)

# IT'S ALL IN THE CHARTS

USE MT, 65m, 10m

The QQV is the volatility index for the Q's  
It should be a mirror image of the QQQ.

*If they don't line up, it's not a strong move.*

*The Q's have a 55 cents move priced in every day  
with the QQV at 18.00*



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Dow Jones	12,034.60	100.02
NASDAQ	2,684.44	31.55
S&P 500	1,278.45	10.00

TRADING

TOOLS

STRATEGIES

SCANNER

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INDICES

Pressure QQQ - 3 Mins

Stocks Overview MBT World Pressure QQQ - 3 Mins

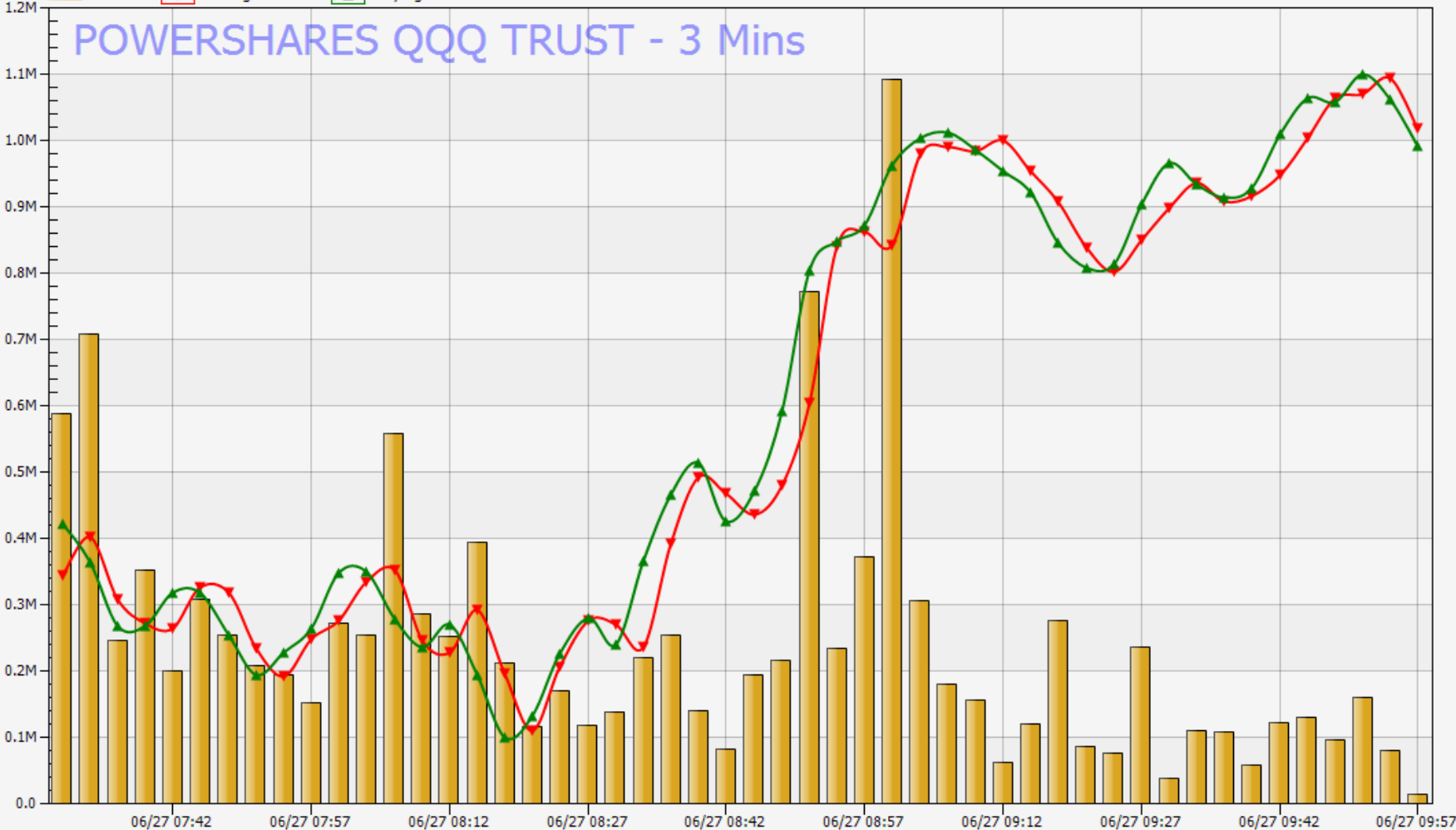
Chart Properties  
Chart Templates

Interval Lights

S QQQ L2 T 3 10 30 65 130 S M L

POWERSHARES QQQ TRUST

Volume Selling Pressure Buying Pressure



Interval Data View

Close	55.18
Open	55.19
High	55.19
Low	55.18
Start Date	09:57 06/27/2...
End Date	10:00 06/27/2...
Volume	12,746
Net Change	-0.02
Average True ...	0.0362

Streaming Data View

Last	55.18
Open	54.43
High	55.23
Low	54.32
Close	54.38
Volume	26,676,200
Ask Price	55.19
Bid Price	55.18
% G/L	1.47%
O Change	0.76
G/L	0.80
52W High	59.34
52W Low	41.77
ATR	0.0362
Day ATR	0.8249

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Dow Jones	12,034.03	99.45
NASDAQ	2,683.94	31.05
S&P 500	1,278.25	9.80

## INDICES

## Pressure \$QQV - 3 Mins

Stocks Overview MBT World Pressure \$QQV - 3 Mins



Chart Properties  
Chart Templates

## Interval Lights

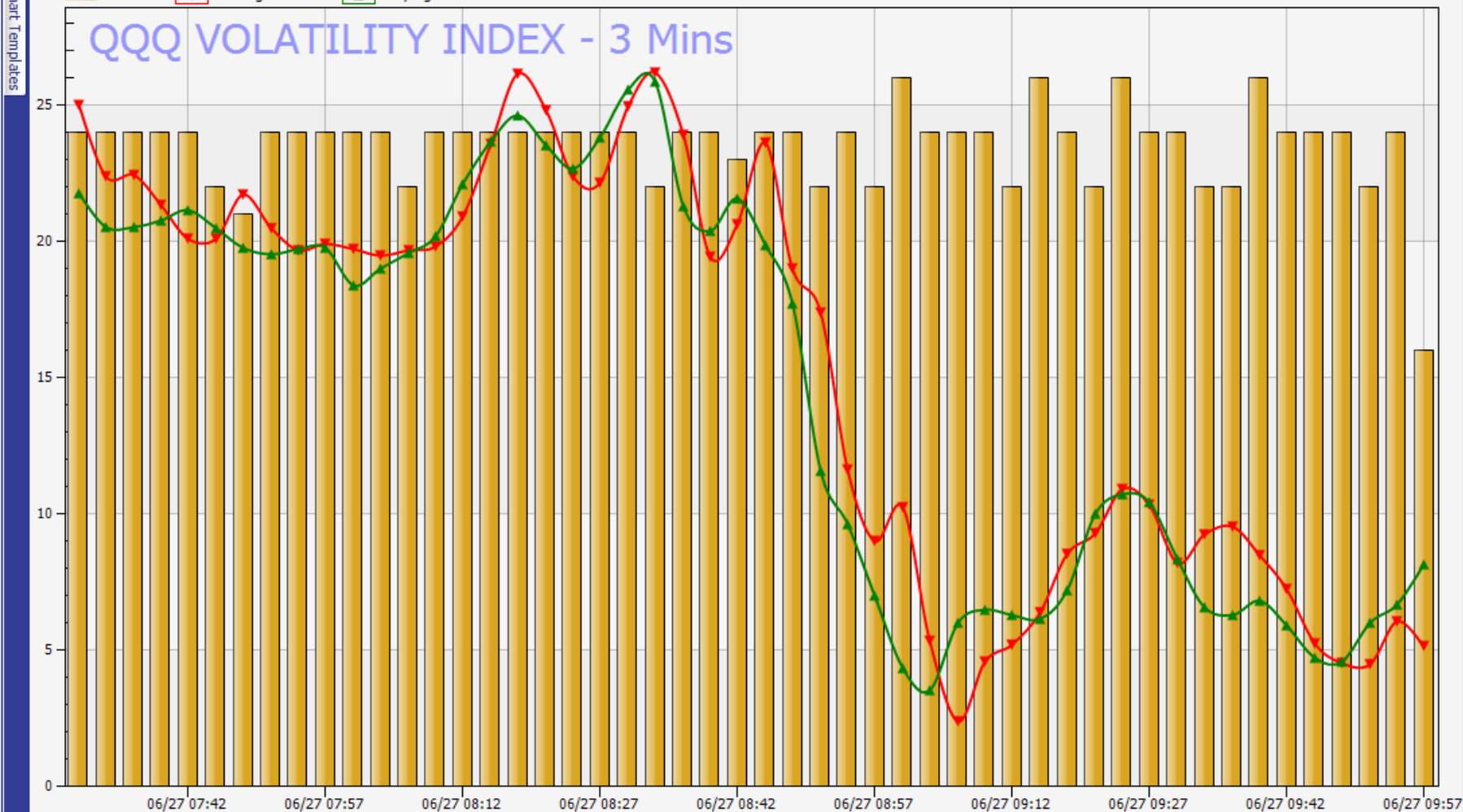
\$QQV  
QQQ VOLATILITY INDEX

L2  
T  
F



Volume Selling Pressure Buying Pressure

## QQQ VOLATILITY INDEX - 3 Mins



## Interval Data View

Close	19.27
Open	19.15
High	19.27
Low	19.15
Start Date	09:57 06/27/2...
End Date	10:00 06/27/2...
Volume	16
Net Change	0.06
Average True ...	0.1141

## Streaming Data View

Last	19.27
Open	20.17
High	21.39
Low	19.03
Close	20.17
Volume	4,534
Ask Price	21.01
Bid Price	21.01
% G/L	-4.46%
O Change	-0.90
G/L	-0.90
52W High	109.94
52W Low	13.15
ATR	0.1141
Day ATR	2.0015

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## LEARN

Dow Jones	12,266.53	77.84
NASDAQ	2,742.82	13.51
S&P 500	1,307.27	10.60

## INDICES

## Pressure QQQ - 3 Mins

MBT World Stocks Overview Pressure QQQ - 3 Mins

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## Interval Lights

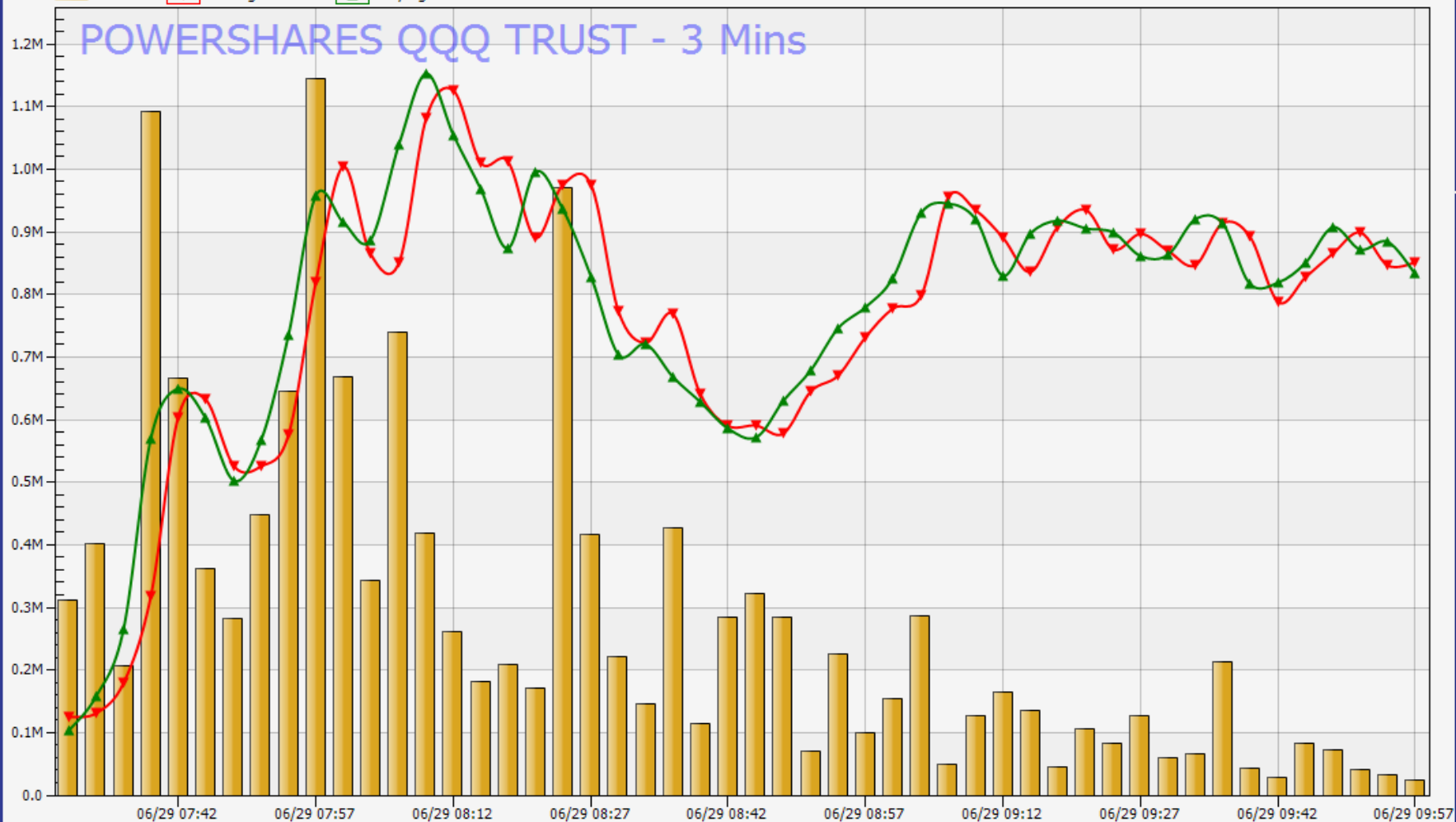
QQQ  
POWERSHARES QQQ TRUST

L2  
T  
F



Volume Selling Pressure Buying Pressure

## POWERSHARES QQQ TRUST - 3 Mins



## Interval Data View

Close	56.30
Open	56.315
High	56.32
Low	56.30
Start Date	09:57 06/29/2...
End Date	10:00 06/29/2...
Volume	24,615
Net Change	-0.02
Average True ...	0.0346

## Streaming Data View

Last	56.30
Open	56.23
High	56.40
Low	55.90
Close	56.07
Volume	34,153,352
Ask Price	56.31
Bid Price	56.30
% G/L	0.41%
O Change	0.0704
G/L	0.23
52W High	59.34
52W Low	41.77
ATR	0.0346
Day ATR	0.8511

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## LEARN

Dow Jones  
NASDAQ  
S&P 500

12,265.01  
2,742.78  
1,307.15

## INDICES

76.32  
13.47  
10.48

## Pressure \$QQV - 3 Mins

MBT World Stocks Overview Pressure \$QQV - 3 Mins



Chart Properties  
Chart Templates

## Interval Lights

Interval Lights

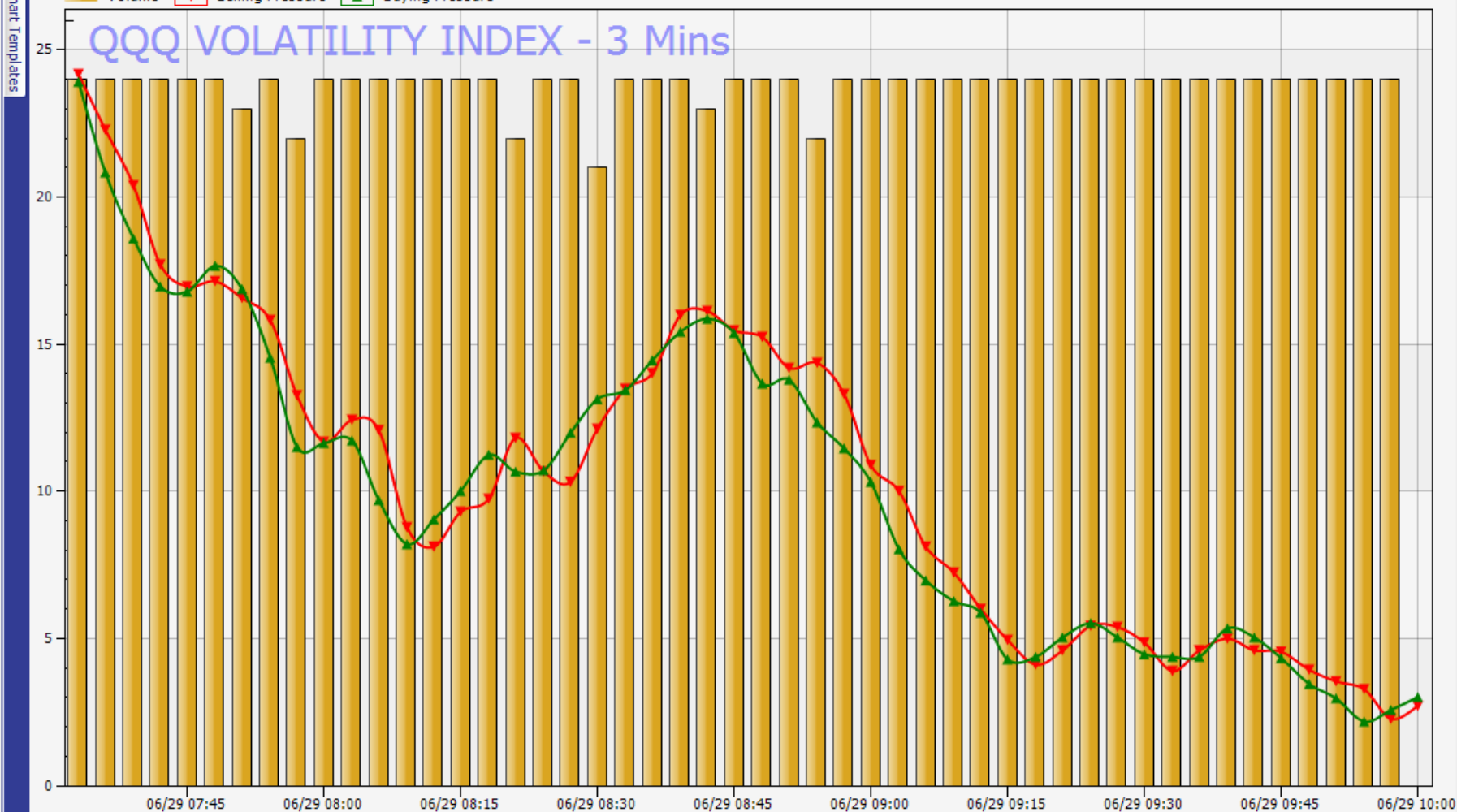
☒ S  
☒ Fx  
☒ F

\$QQV  
 L2  
 T  
 QQV VOLATILITY INDEX

☒ 3  
☒ 10  
☒ 30  
☒ 65  
☒ 130  
☒ S  
☒ M  
☒ L

Volume Selling Pressure Buying Pressure

# QQQ VOLATILITY INDEX - 3 Mins



## Interval Data View

Close	56.30
Open	56.315
High	56.32
Low	56.29
Start Date	09:57 06/29/2...
End Date	10:00 06/29/2...
Volume	53,291
Net Change	-0.02
Average True ...	0.0353

## Streaming Data View

Last	16.09
Open	17.71
High	18.15
Low	16.04
Close	17.71
Volume	4,537
Ask Price	21.01
Bid Price	21.01
% G/L	-9.15%
O Change	-1.62
G/L	-1.62
52W High	109.94
52W Low	13.15
ATR	0.0919
Day ATR	2.0497

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Dow Jones 12,404.91 143.49  
NASDAQ 2,773.55 33.06  
S&P 500 1,320.46 13.05

INDICES

Pressure QQQ - 3 Mins

MBT World Stocks Overview Pressure QQQ - 3 Mins

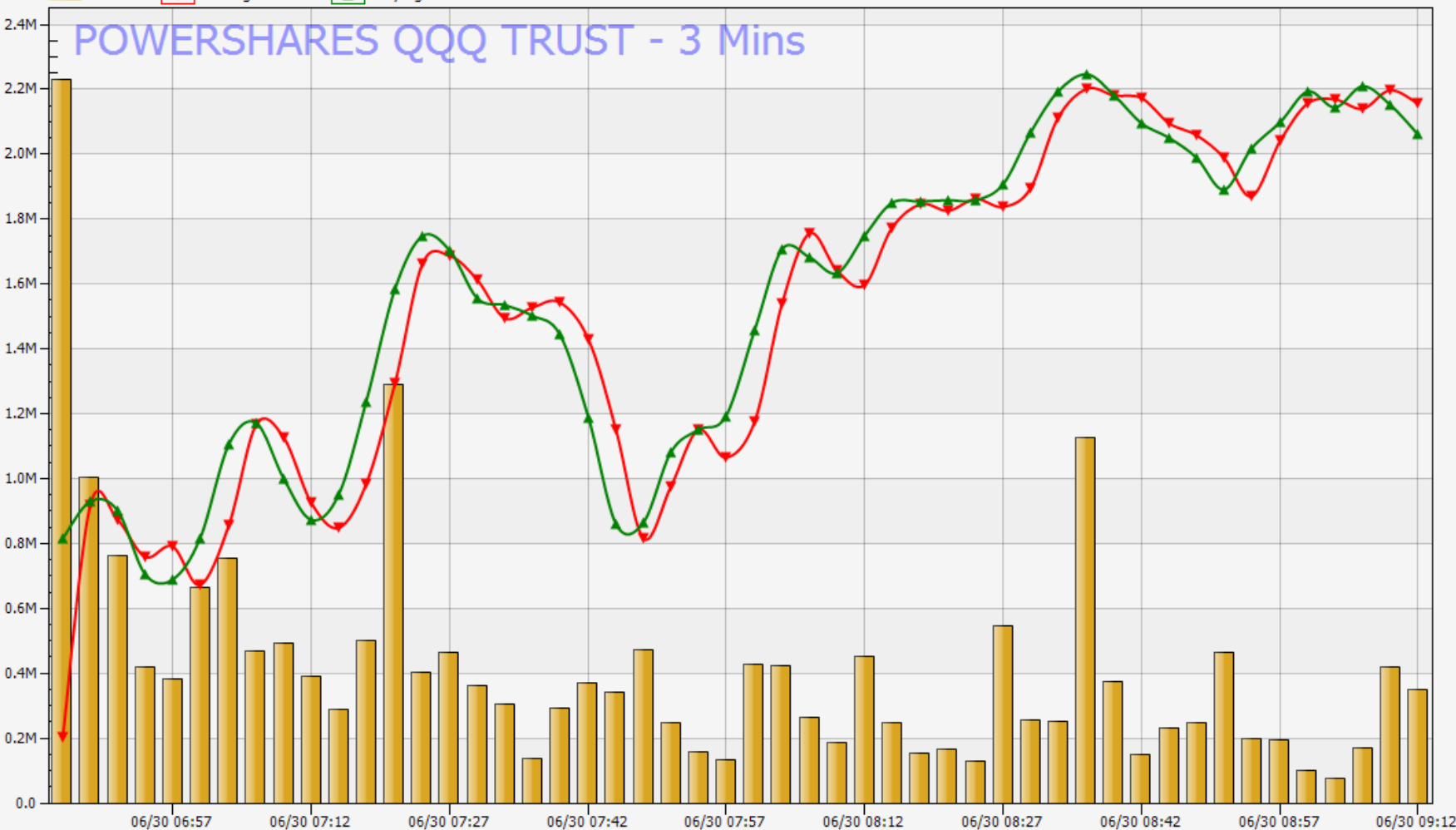
Chart Properties  
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Interval Lights

QQQ  
POWERSHARES QQQ TRUST

Interval Lights: 3, 10, 30, 65, 130, S, M, L

Volume Selling Pressure Buying Pressure



Interval Data View

Close	57.00
Open	57.02
High	57.03
Low	56.99
Start Date	09:12 06/30/2...
End Date	09:15 06/30/2...
Volume	349,727
Net Change	-0.02
Average True ...	0.0408

Streaming Data View

Last	57.00
Open	56.50
High	57.06
Low	56.47
Close	56.30
Volume	26,095,593
Ask Price	57.01
Bid Price	57.00
% G/L	1.24%
O Change	0.52
G/L	0.70
52W High	59.34
52W Low	41.77
ATR	0.0408
Day ATR	0.8268



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Dow Jones

12,404.80

143.38

NASDAQ

2,773.34

32.85

S&amp;P 500

1,320.48

13.07

INDICES

Pressure \$QQV - 3 Mins

MBT World Stocks Overview Pressure \$QQV - 3 Mins

Chart Properties  
Chart Templates

Interval Lights

\$QQV  
QQQ VOLATILITY INDEX

L2

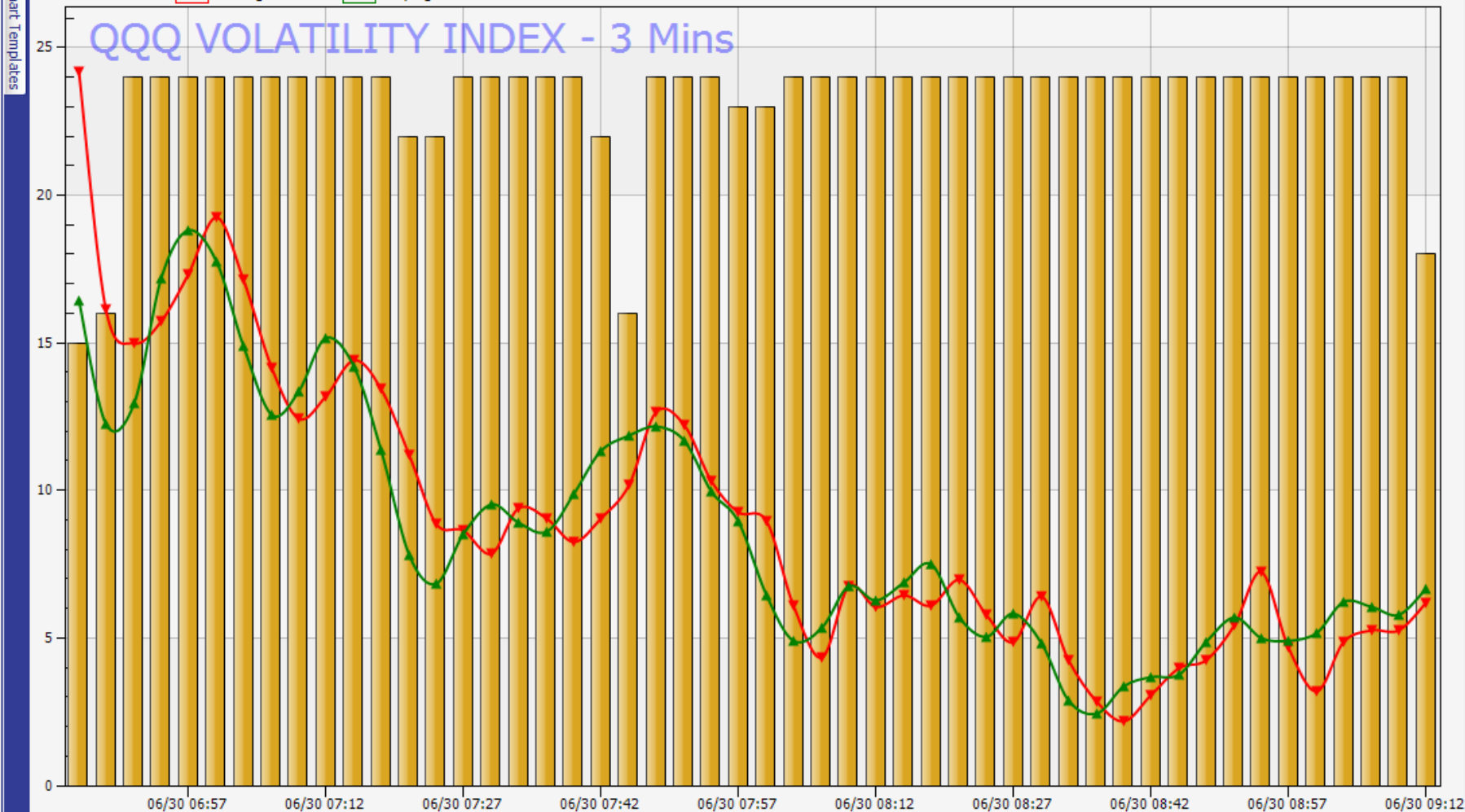
T

F



Volume Selling Pressure Buying Pressure

# QQQ VOLATILITY INDEX - 3 Mins



Interval Data View

Close	14.60
Open	14.56
High	14.62
Low	14.49
Start Date	09:12 06/30/2...
End Date	09:15 06/30/2...
Volume	18
Net Change	0.07
Average True ...	0.1005

Streaming Data View

Last	14.60
Open	15.92
High	16.30
Low	14.39
Close	15.92
Volume	4,182
Ask Price	21.01
Bid Price	21.01
% G/L	-8.29%
O Change	-1.32
G/L	-1.32
52W High	109.94
52W Low	13.15
ATR	0.1005
Day ATR	2.0725

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Dow Jones	11,937.49	-172.18
NASDAQ	2,638.62	-30.57
S&P 500	1,269.03	-18.11

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Pressure QQQ - 3 Mins

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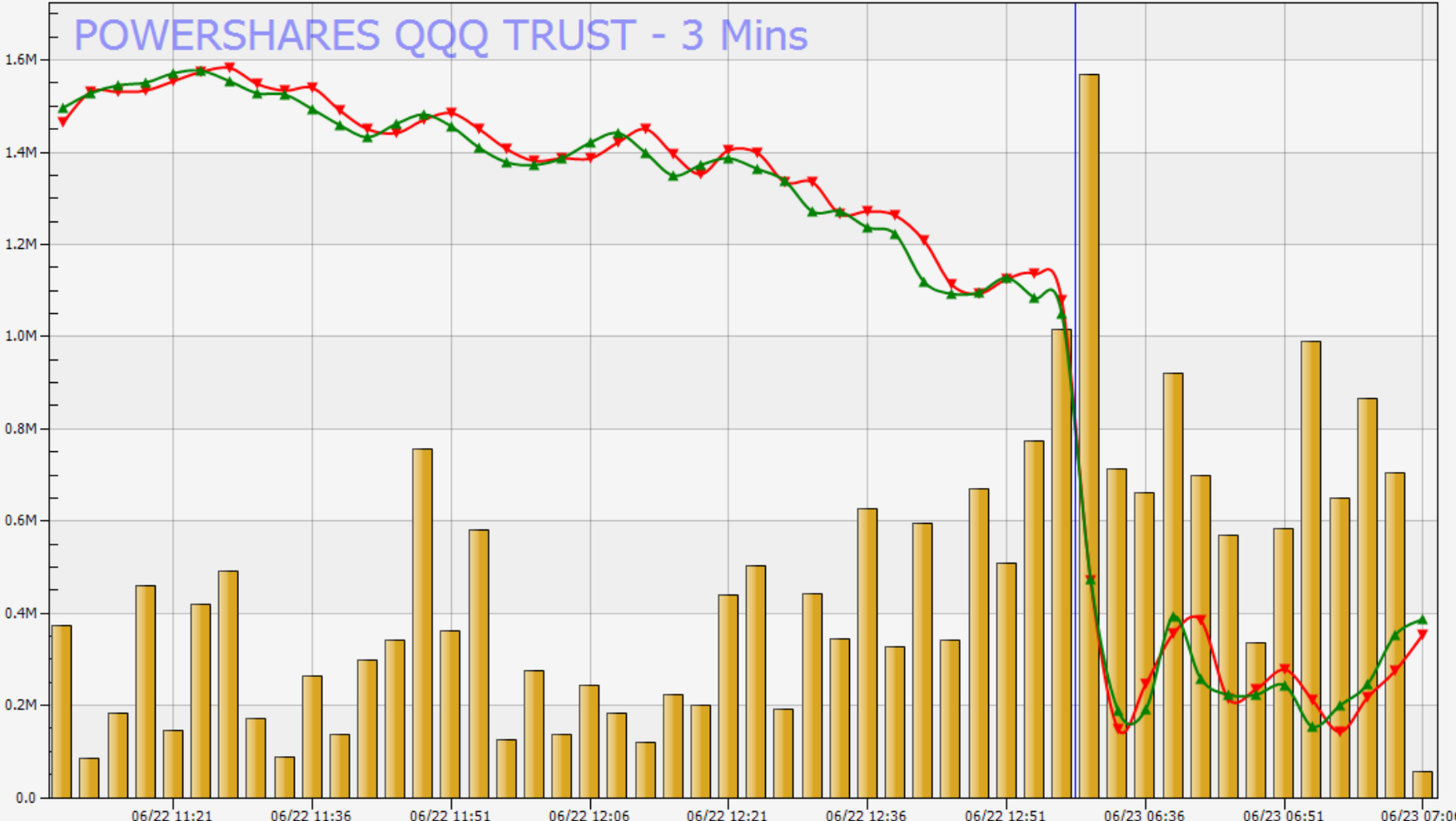
Chart Properties  
Chart Templates

Interval Lights

S QQQ L2 T 3 10 30 65 130 S M L

POWERSHARES QQQ TRUST

Volume Selling Pressure Buying Pressure



Interval Data View

Close	54.895
Open	54.89
High	54.94
Low	54.87
Start Date	12:48 06/22/2...
End Date	12:51 06/22/2...
Volume	671,197
Net Change	0.005
Average True ...	0.0599

Streaming Data View

Last	54.28
Open	54.28
High	54.33
Low	54.06
Close	54.831
Volume	11,733,545
Ask Price	54.29
Bid Price	54.28
% G/L	-1.00%
O Change	0.00
G/L	-0.551
52W High	59.34
52W Low	41.77
ATR	0.0956
Day ATR	0.7672

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Dow Jones

NASDAQ

S&P 500

11,940.56

2,639.53

1,269.73

-169.11

-29.66

-17.41

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Pressure QQQ - 10 Mins

Stocks Overview

MBT World

Pressure QQQ - 10 Mins

Interval Lights

S

Fx

F

QQQ

POWERSHARES QQQ TRUST

L2

T

Interval Lights

3

10

30

65

130

S

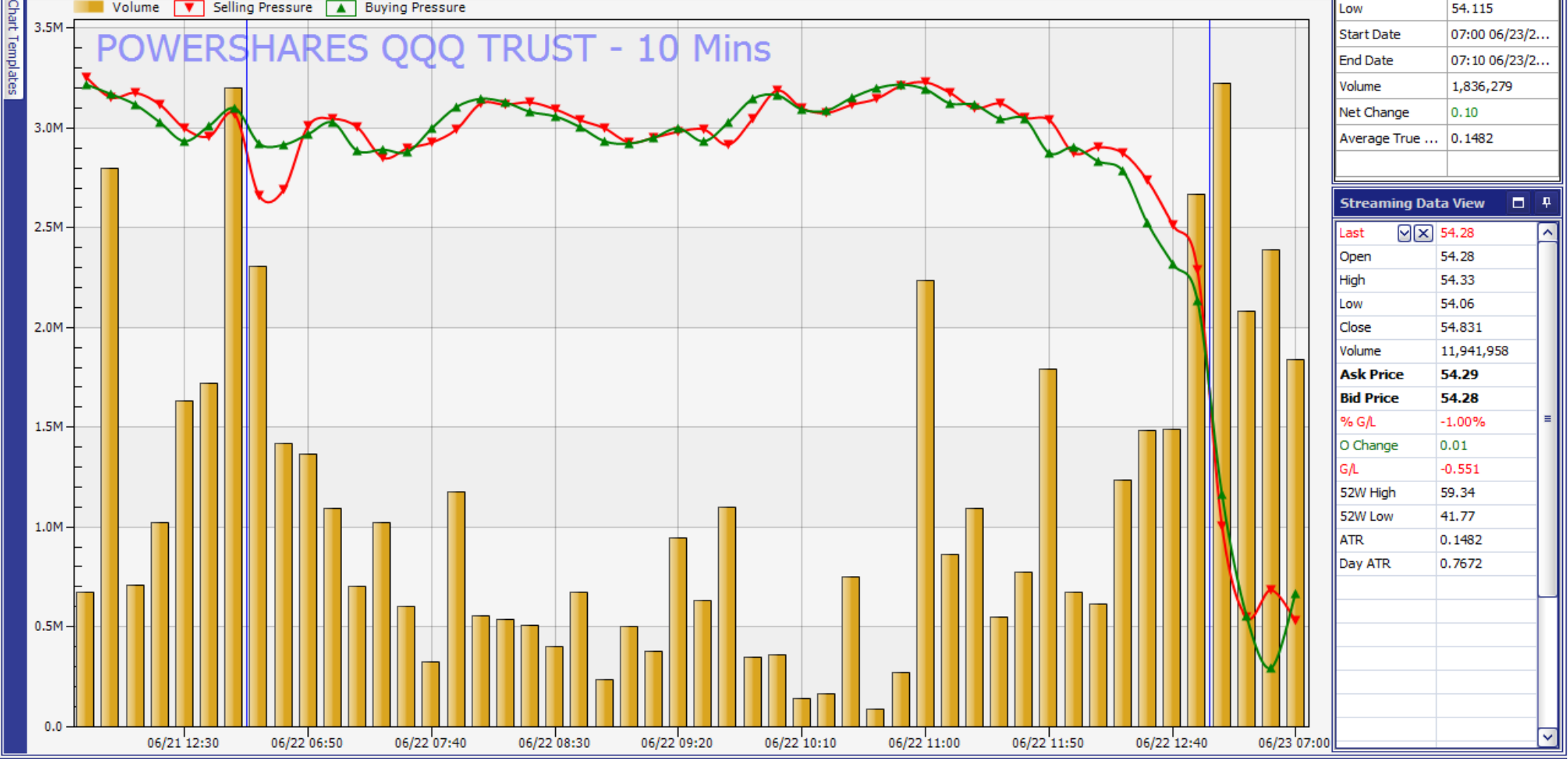
M

L

Volume

Selling Pressure

Buying Pressure



Interval Data View

Close	54.28
Open	54.18
High	54.32
Low	54.115
Start Date	07:00 06/23/2...
End Date	07:10 06/23/2...
Volume	1,836,279
Net Change	0.10
Average True ...	0.1482

Streaming Data View

Last	54.28
Open	54.28
High	54.33
Low	54.06
Close	54.831
Volume	11,941,958
Ask Price	54.29
Bid Price	54.28
% G/L	-1.00%
O Change	0.01
G/L	-0.551
52W High	59.34
52W Low	41.77
ATR	0.1482
Day ATR	0.7672



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Dow Jones	11,945.10	-164.57
NASDAQ	2,640.68	-28.51
S&P 500	1,270.30	-16.84

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Pressure QQQ - 30 Mins

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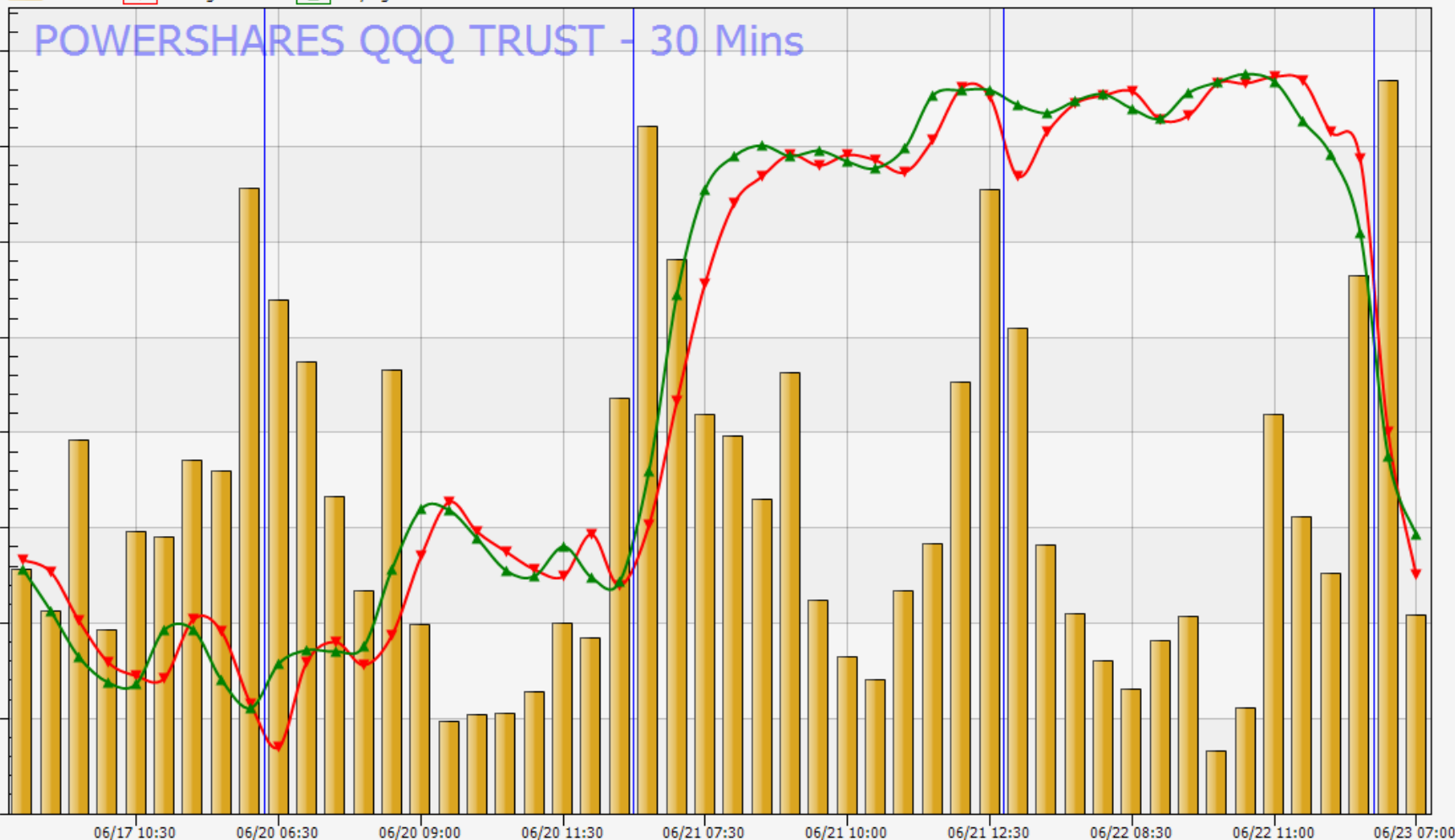
Chart Properties  
Chart Templates

Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure



Interval Data View

Close	54.84
Open	55.08
High	55.08
Low	54.82
Start Date	12:30 06/22/2...
End Date	13:00 06/22/2...
Volume	5,641,918
Net Change	-0.2415
Average True ...	0.1547

Streaming Data View

Last	54.315
Open	54.28
High	54.33
Low	54.06
Close	54.831
Volume	12,166,209
Ask Price	54.32
Bid Price	54.31
% G/L	-0.94%
O Change	0.03
G/L	-0.516
52W High	59.34
52W Low	41.77
ATR	0.1997
Day ATR	0.7672

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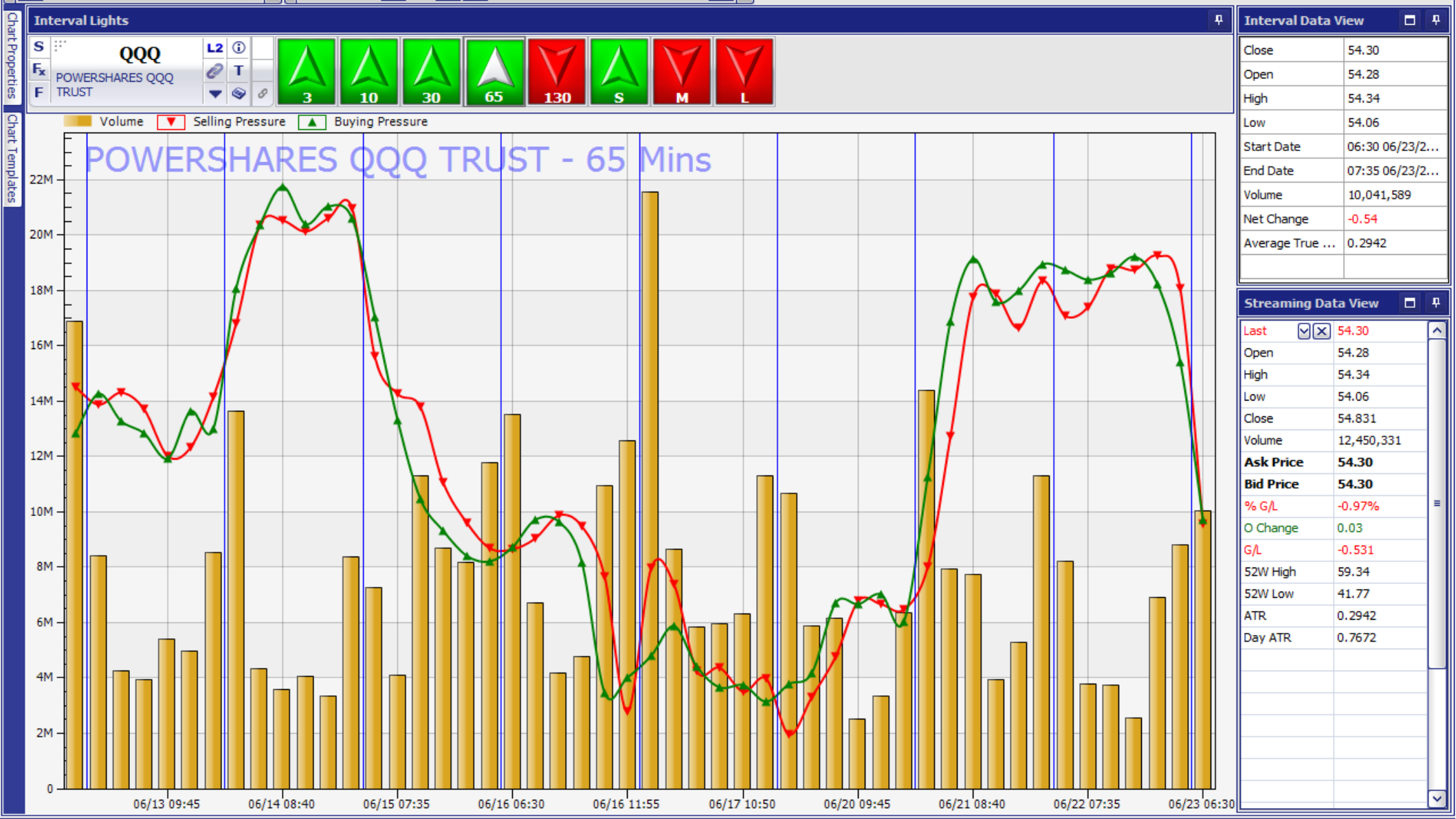
Dow Jones	11,940.60	-169.07
NASDAQ	2,640.90	-28.29
S&P 500	1,270.09	-17.05

Pressure QQQ - 65 Mins

Stocks Overview

MBT World

Pressure QQQ - 65 Mins



Interval Data View

Close	54.30
Open	54.28
High	54.34
Low	54.06
Start Date	06:30 06/23/2...
End Date	07:35 06/23/2...
Volume	10,041,589
Net Change	-0.54
Average True ...	0.2942

Streaming Data View

Last	54.30
Open	54.28
High	54.34
Low	54.06
Close	54.831
Volume	12,450,331
Ask Price	54.30
Bid Price	54.30
% G/L	-0.97%
O Change	0.03
G/L	-0.531
52W High	59.34
52W Low	41.77
ATR	0.2942
Day ATR	0.7672

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Dow Jones	11,941.58	-168.09
NASDAQ	2,641.29	-27.90
S&P 500	1,270.20	-16.94

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Pressure QQQ - S (Days)

Stocks Overview MBT World Pressure QQQ - S (Days)

Chart Properties

Chart Templates

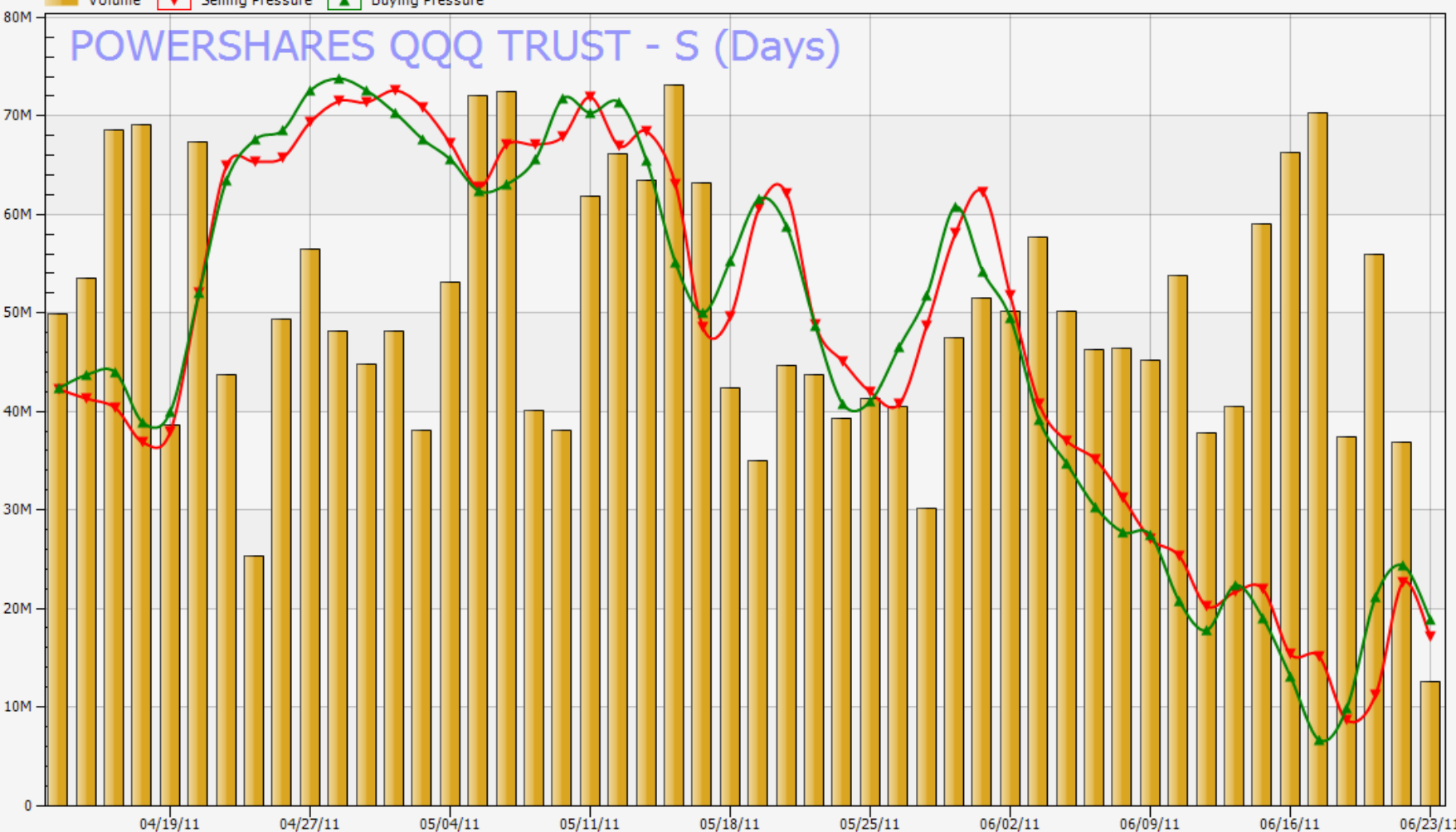
Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure

POWERSHARES QQQ TRUST - S (Days)



Interval Data View

Close	54.831
Open	55.00
High	55.32
Low	54.82
Start Date	06:30 06/22/2...
End Date	13:00 06/22/2...
Volume	36,813,653
Net Change	-0.399
Average True ...	0.7672

Streaming Data View

Last	54.325
Open	54.28
High	54.34
Low	54.06
Close	54.831
Volume	12,601,383
Ask Price	54.32
Bid Price	54.32
% G/L	-0.92%
O Change	0.04
G/L	-0.506
52W High	59.34
52W Low	41.77
ATR	0.7675
Day ATR	0.7672

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Dow Jones	11,939.12	-170.55
NASDAQ	2,641.18	-28.01
S&P 500	1,270.19	-16.95

## INDICES

## Pressure QQQ - M (Weeks)

Stocks Overview MBT World Pressure QQQ - M (Weeks)

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## Interval Lights

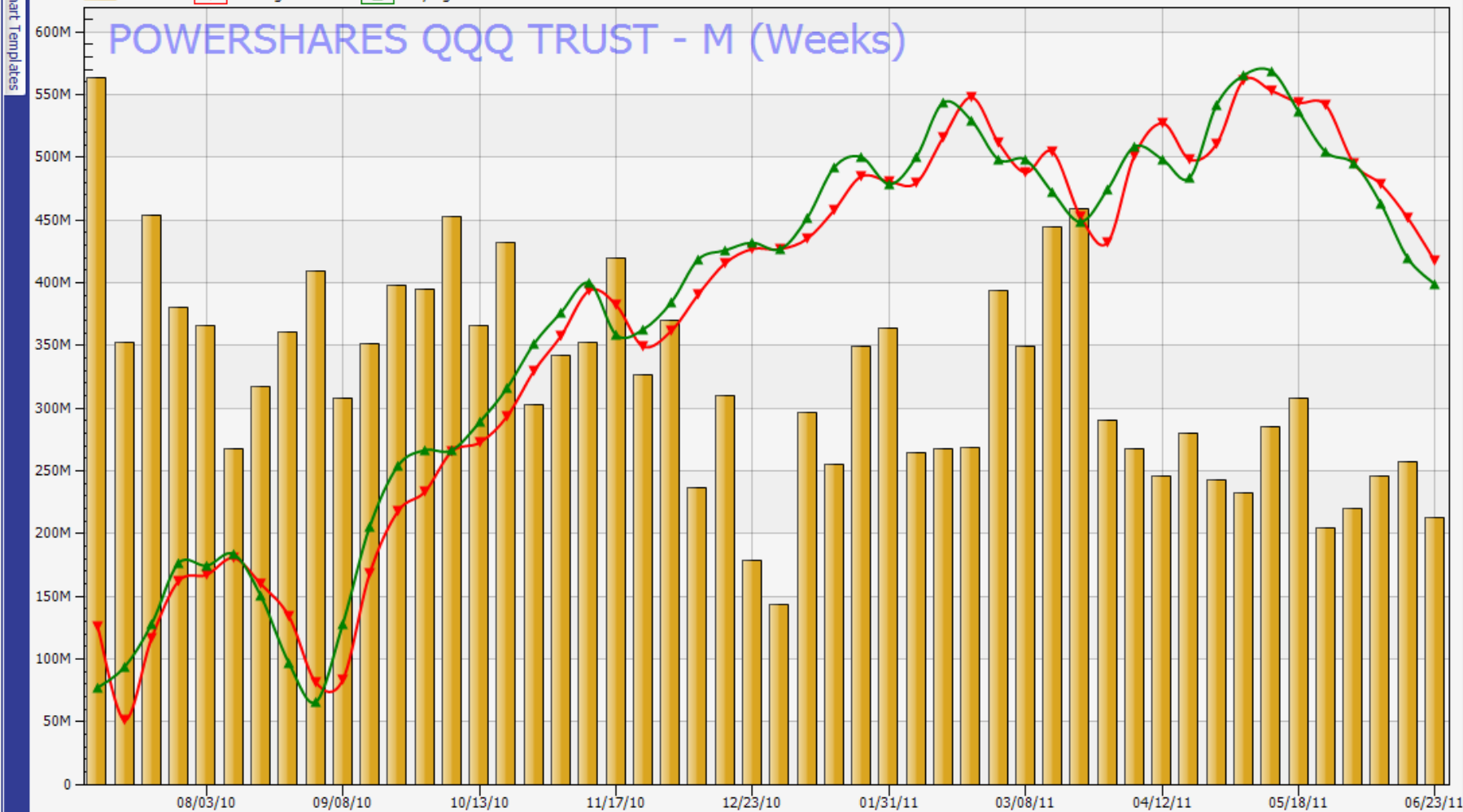
QQQ  
POWERSHARES QQQ TRUST

L2  
T  
F



Volume Selling Pressure Buying Pressure

## POWERSHARES QQQ TRUST - M (Weeks)



## Interval Data View

Close	54.08
Open	55.23
High	55.47
Low	53.615
Start Date	06:30 06/10/2...
End Date	13:00 06/16/2...
Volume	257,295,123
Net Change	-1.405
Average True ...	1.7932

## Streaming Data View

Last	54.29
Open	54.28
High	54.34
Low	54.06
Close	54.831
Volume	12,882,895
Ask Price	54.30
Bid Price	54.29
% G/L	-0.99%
O Change	0.025
G/L	-0.541
52W High	59.34
52W Low	41.77
ATR	1.7858
Day ATR	0.7672

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Dow Jones	11,939.35	-170.32
NASDAQ	2,641.78	-27.41
S&P 500	1,270.05	-17.09

## INDICES

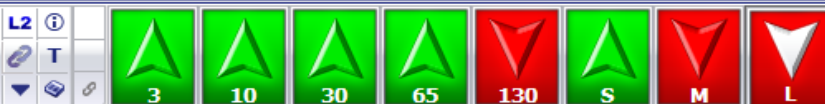
## Pressure QQQ - L (Months)

Stocks Overview MBT World Pressure QQQ - L (Months)

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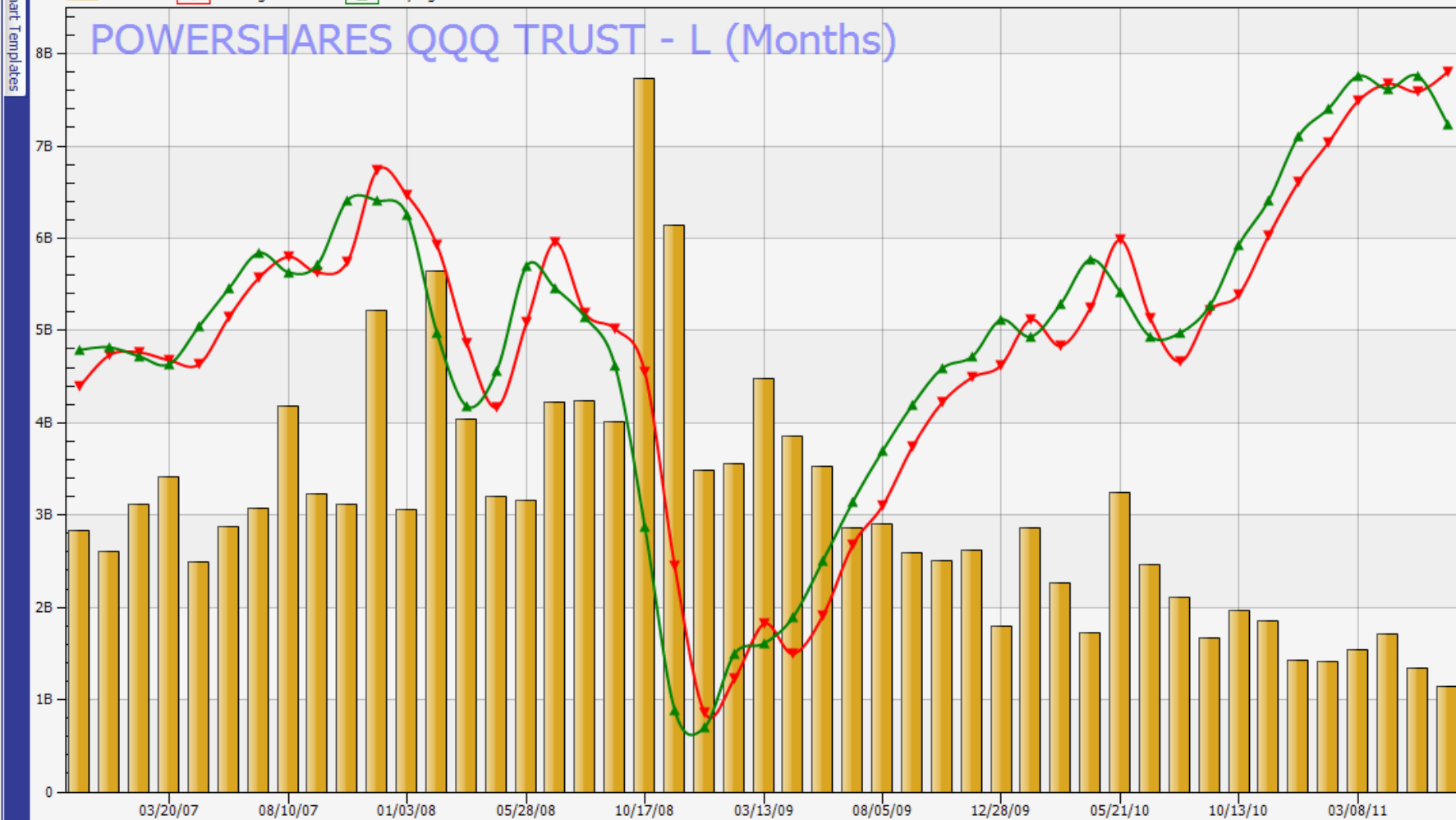
## Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure

## POWERSHARES QQQ TRUST - L (Months)



## Interval Data View

Close	54.315
Open	58.23
High	58.36
Low	53.615
Start Date	06:30 05/19/2...
End Date	13:00 06/23/2...
Volume	1,140,299,255
Net Change	-3.725
Average True ...	4.3494

## Streaming Data View

Last	54.3201
Open	54.28
High	54.34
Low	54.06
Close	54.831
Volume	12,927,402
Ask Price	54.33
Bid Price	54.32
% G/L	-0.93%
O Change	0.04
G/L	-0.5109
52W High	59.34
52W Low	41.77
ATR	4.3494
Day ATR	0.7672

BUILDING A STRONG TREND  
BUT

NEED TO WATCH S/R LEVELS  
IN ALL YOUR TIME FRAMES



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Pressure QQQ - 3 Mins

MBT World Stocks Overview Pressure QQQ - 3 Mins



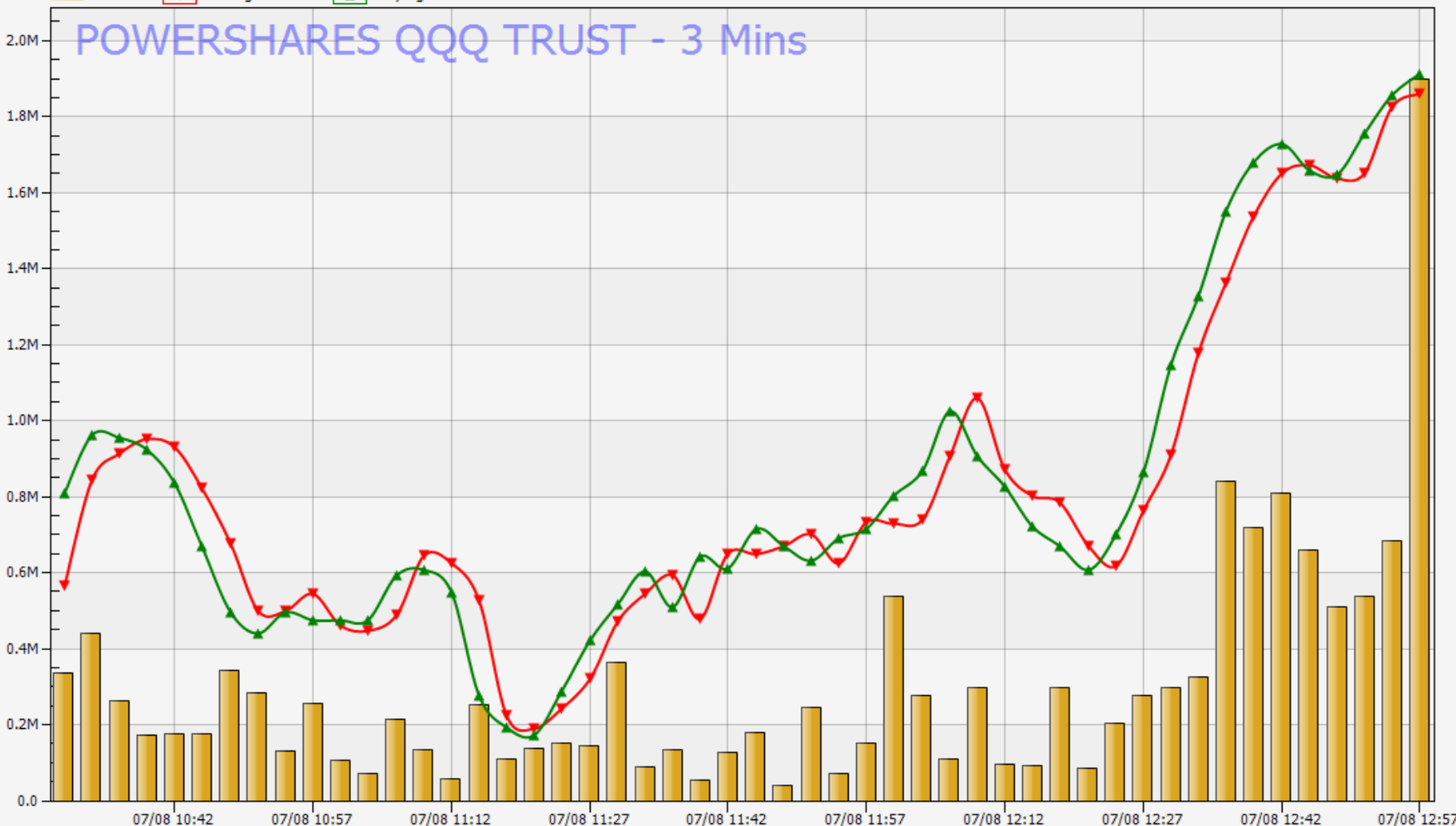
Chart Properties  
Chart Templates

Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure



Interval Data View

Close	59.02
Open	59.005
High	59.03
Low	58.995
Start Date	12:57 07/08/2...
End Date	13:00 07/08/2...
Volume	1,898,406
Net Change	0.01
Average True ...	0.0489

Streaming Data View

Last	59.03
Open	58.70
High	59.04
Low	58.37
Close	59.19
Volume	69,439,761
Ask Price	59.16
Bid Price	59.13
% G/L	-0.27%
O Change	0.33
G/L	-0.16
52W High	59.36
52W Low	42.97
ATR	0.0489
Day ATR	0.8059

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2,859.81  
1,343.80

-62.29  
-12.85  
-9.42

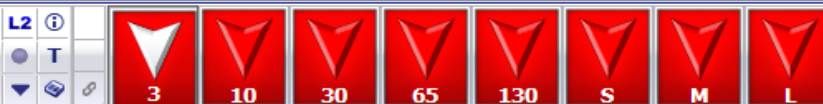
INDICES

Pressure \$QQV - 3 Mins

MBT World Stocks Overview Pressure \$QQV - 3 Mins

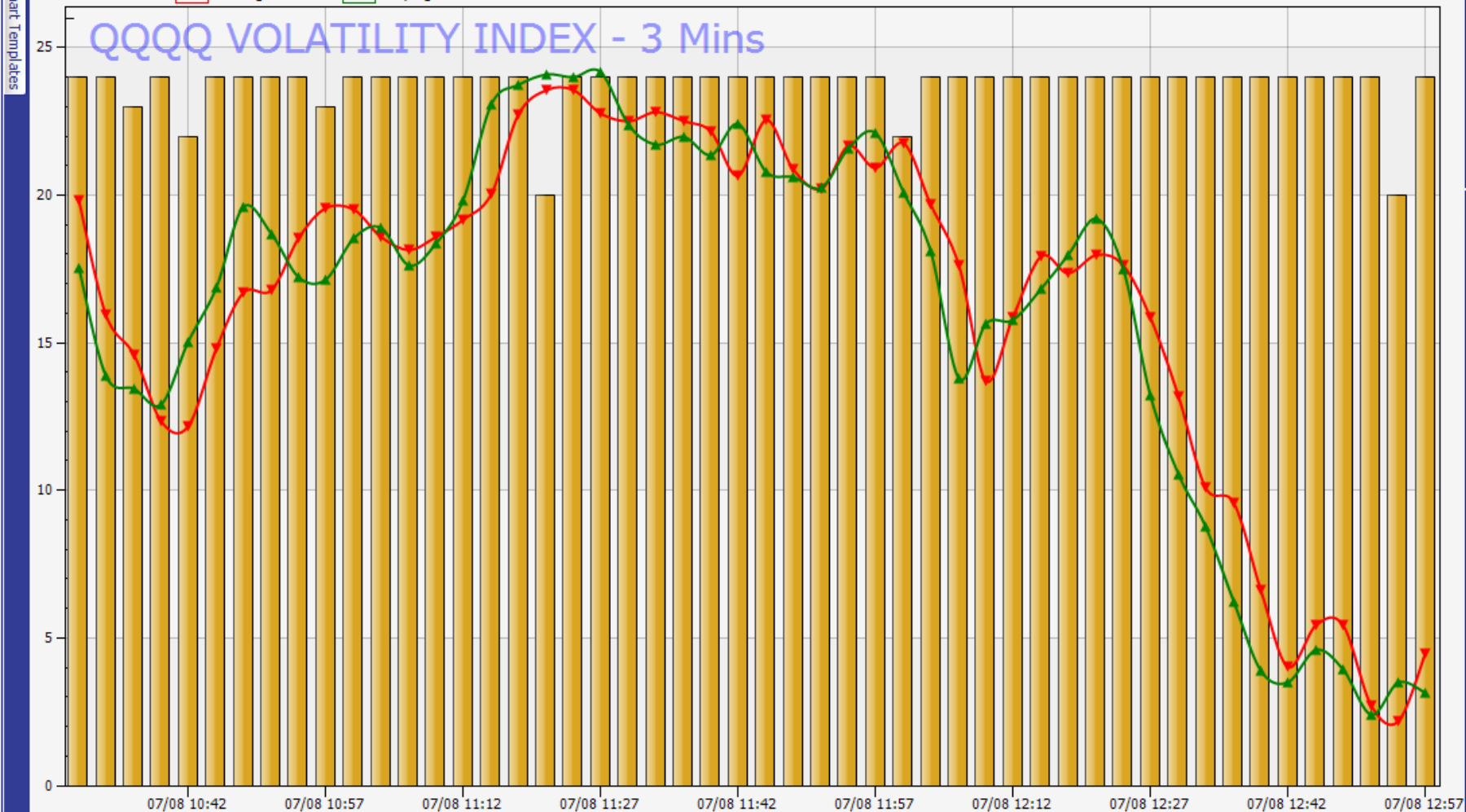
Interval Lights

\$QQV  
QQQQ VOLATILITY INDEX



Volume Selling Pressure Buying Pressure

QQQQ VOLATILITY INDEX - 3 Mins



Interval Data View

Close	15.03
Open	15.11
High	15.15
Low	15.03
Start Date	12:57 07/08/2...
End Date	13:00 07/08/2...
Volume	24
Net Change	-0.08
Average True ...	0.11

Streaming Data View

Last	14.98
Open	15.51
High	17.23
Low	14.96
Close	15.51
Volume	6,101
Ask Price	21.01
Bid Price	21.01
% G/L	-3.42%
O Change	-0.53
G/L	-0.53
52W High	109.94
52W Low	12.16
ATR	0.11
Day ATR	1.9775



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Pressure QQQ - 10 Mins

MBT World Stocks Overview Pressure QQQ - 10 Mins

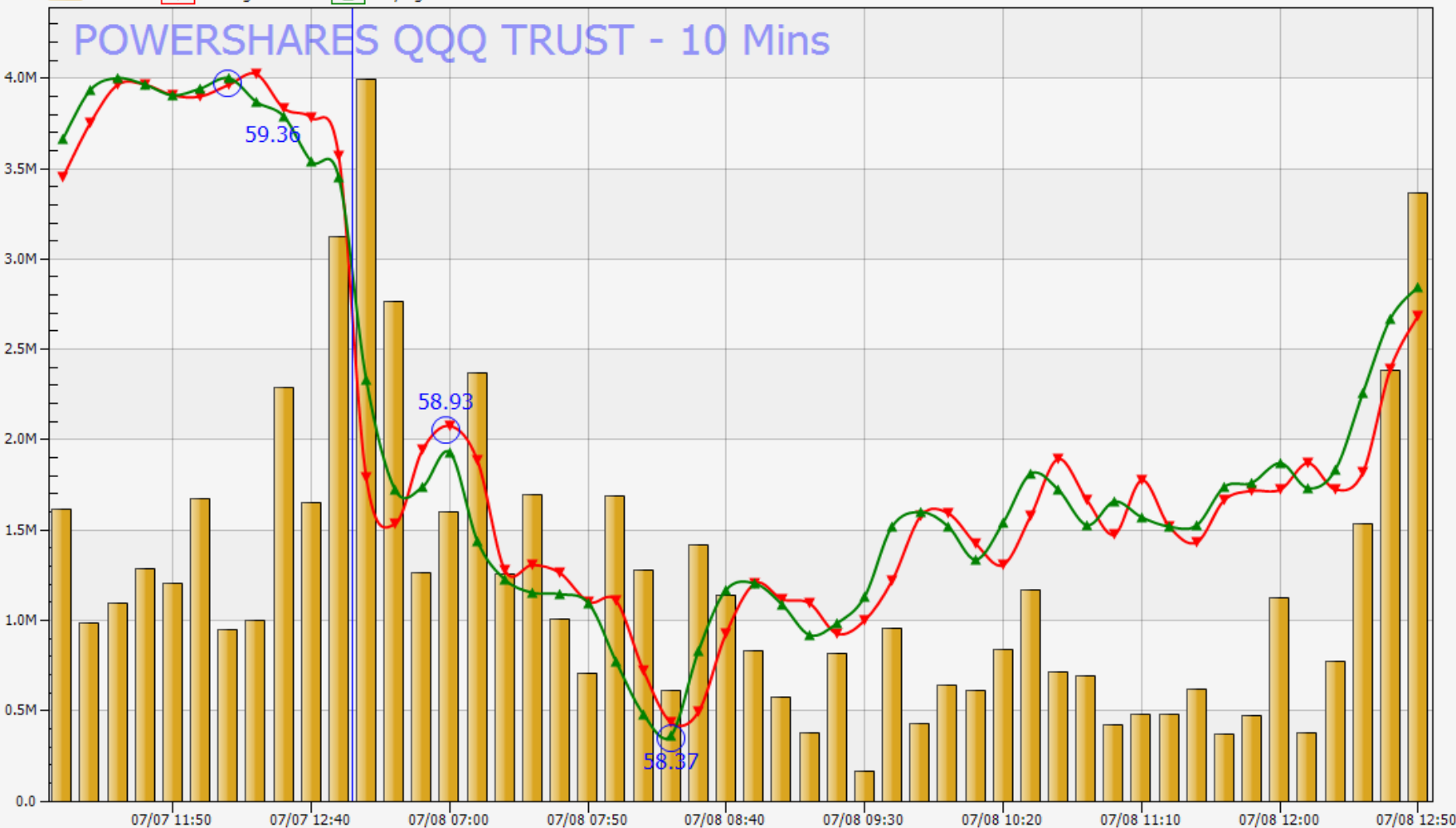
Chart Properties  
Chart Templates

Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure



Interval Data View

Close	59.02
Open	58.985
High	59.03
Low	58.95
Start Date	12:50 07/08/2...
End Date	13:00 07/08/2...
Volume	3,364,736
Net Change	0.04
Average True ...	0.0967

Streaming Data View

Last	59.03
Open	58.70
High	59.04
Low	58.37
Close	59.19
Volume	69,439,761
Ask Price	59.16
Bid Price	59.13
% G/L	-0.27%
O Change	0.33
G/L	-0.16
52W High	59.36
52W Low	42.97
ATR	0.0967
Day ATR	0.8059

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MBT World Stocks Overview Pressure \$QQV - 10 Mins

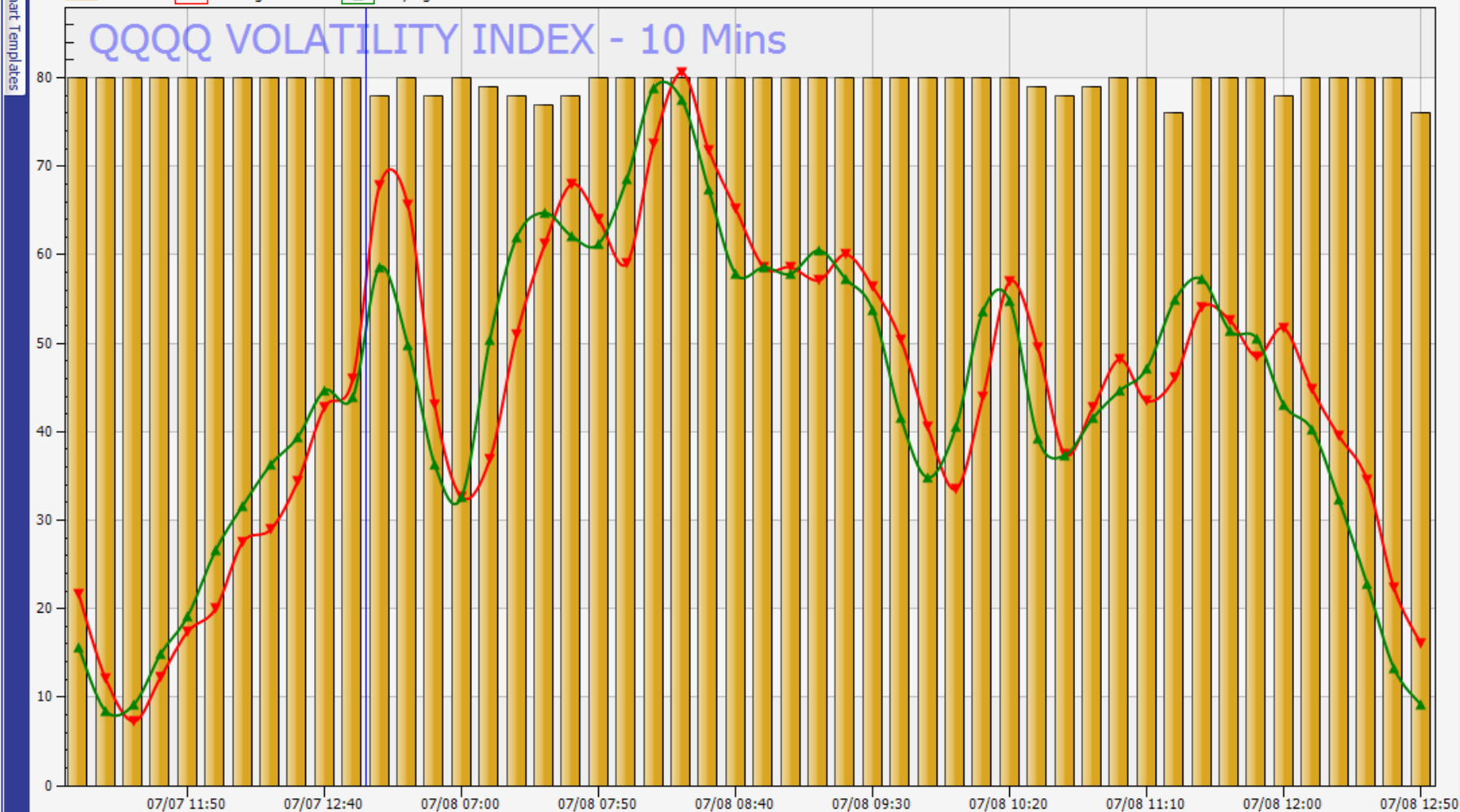
Interval Lights

\$QQV  
QQQQ VOLATILITY INDEX



Volume Selling Pressure Buying Pressure

QQQQ VOLATILITY INDEX - 10 Mins



Interval Data View

Close	15.03
Open	15.13
High	15.15
Low	14.99
Start Date	12:50 07/08/2...
End Date	13:00 07/08/2...
Volume	76
Net Change	-0.06
Average True ...	0.1922

Streaming Data View

Last	14.98
Open	15.51
High	17.23
Low	14.96
Close	15.51
Volume	6,101
Ask Price	21.01
Bid Price	21.01
% G/L	-3.42%
O Change	-0.53
G/L	-0.53
52W High	109.94
52W Low	12.16
ATR	0.1922
Day ATR	1.9775

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Pressure QQQ - 30 Mins

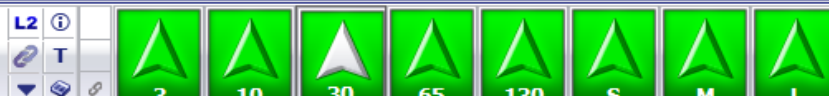
MBT World Stocks Overview Pressure QQQ - 30 Mins

Chart Properties

Chart Templates

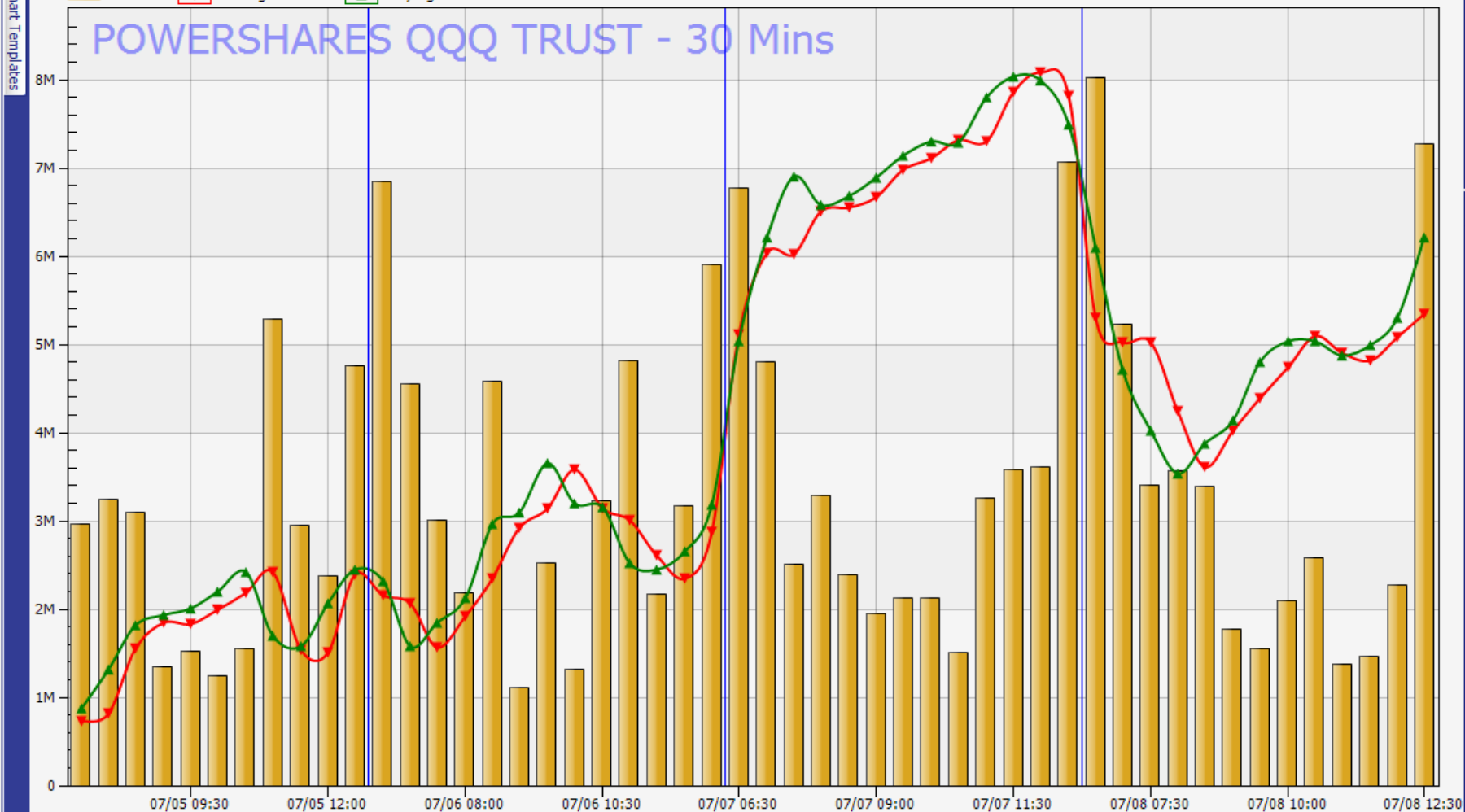
Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure

POWERSHARES QQQ TRUST - 30 Mins



Interval Data View

Close	59.02
Open	58.80
High	59.03
Low	58.78
Start Date	12:30 07/08/2...
End Date	13:00 07/08/2...
Volume	7,280,722
Net Change	0.22
Average True ...	0.1663

Streaming Data View

Last	59.03
Open	58.70
High	59.04
Low	58.37
Close	59.19
Volume	69,439,761
Ask Price	59.16
Bid Price	59.13
% G/L	-0.27%
O Change	0.33
G/L	-0.16
52W High	59.36
52W Low	42.97
ATR	0.1663
Day ATR	0.8059

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## INDICES

Pressure \$QQV - 30 Mins

MBT World Stocks Overview Pressure \$QQV - 30 Mins

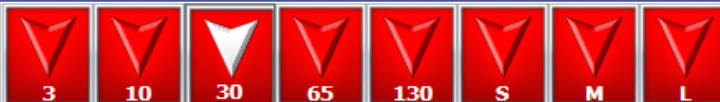


Chart Properties

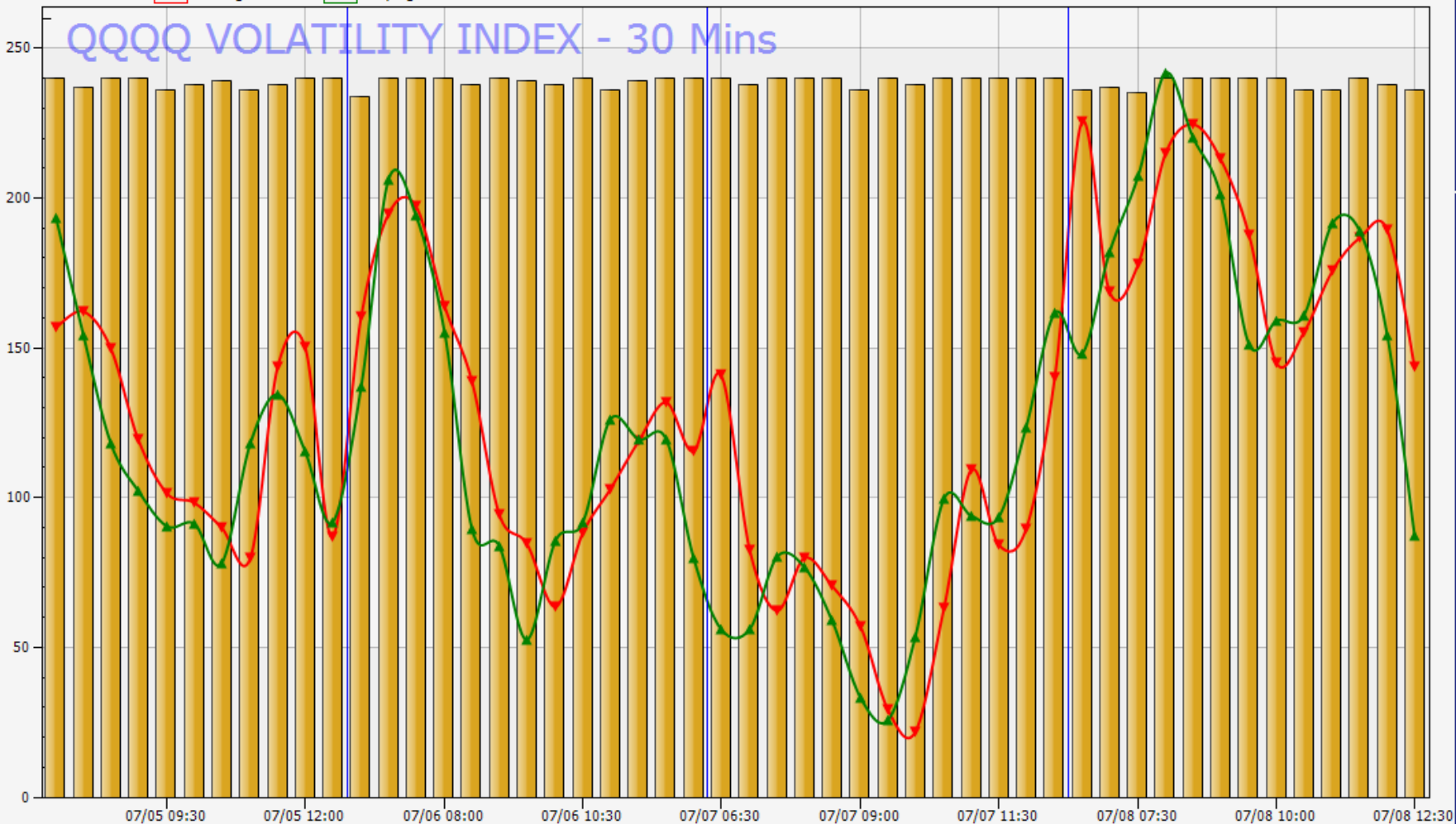
Chart Templates

## Interval Lights

\$QQV  
QQQQ VOLATILITY INDEX



Volume Selling Pressure Buying Pressure



## Interval Data View

Close	15.84
Open	15.97
High	16.20
Low	15.72
Start Date	08:30 07/08/2...
End Date	09:00 07/08/2...
Volume	240
Net Change	-0.17
Average True ...	0.4409

## Streaming Data View

Last	14.98
Open	15.51
High	17.23
Low	14.96
Close	15.51
Volume	6,101
Ask Price	21.01
Bid Price	21.01
% G/L	-3.42%
O Change	-0.53
G/L	-0.53
52W High	109.94
52W Low	12.16
ATR	0.379
Day ATR	1.9775

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Pressure QQQ - 65 Mins

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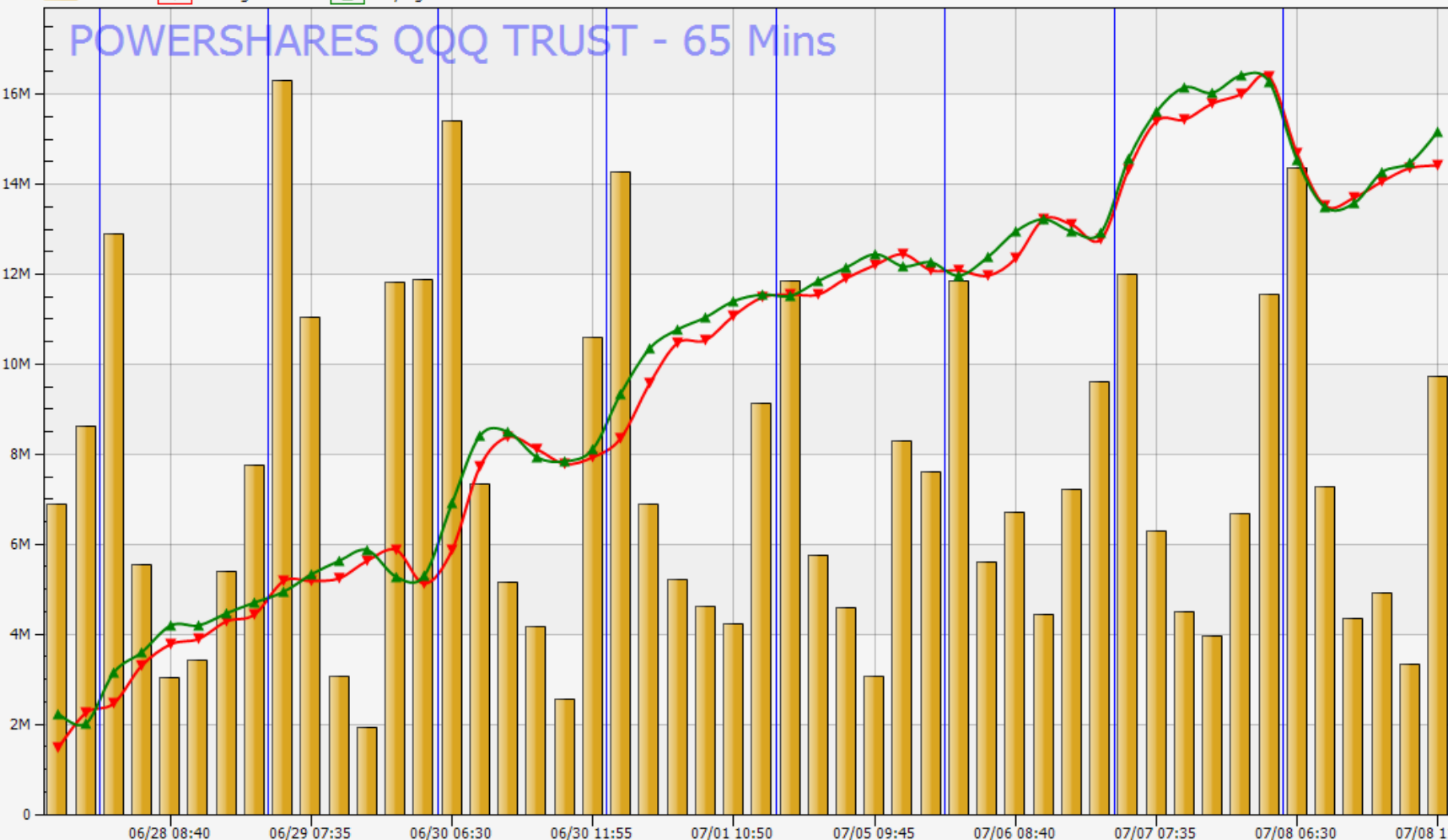
Interval Lights

QQQ  
POWERSHARES QQQ TRUST



Volume Selling Pressure Buying Pressure

POWERSHARES QQQ TRUST - 65 Mins



Interval Data View

Close	59.02
Open	58.745
High	59.03
Low	58.71
Start Date	11:55 07/08/2...
End Date	13:00 07/08/2...
Volume	9,735,565
Net Change	0.27
Average True ...	0.2481

Streaming Data View

Last	59.03
Open	58.70
High	59.04
Low	58.37
Close	59.19
Volume	69,439,761
Ask Price	59.16
Bid Price	59.13
% G/L	-0.27%
O Change	0.33
G/L	-0.16
52W High	59.36
52W Low	42.97
ATR	0.2481
Day ATR	0.8059



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## INDICES

Pressure \$QQV - 65 Mins

MBT World Stocks Overview Pressure \$QQV - 65 Mins

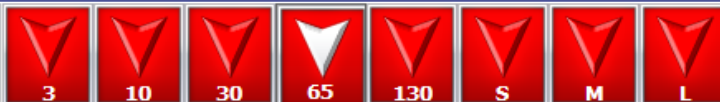


Chart Properties

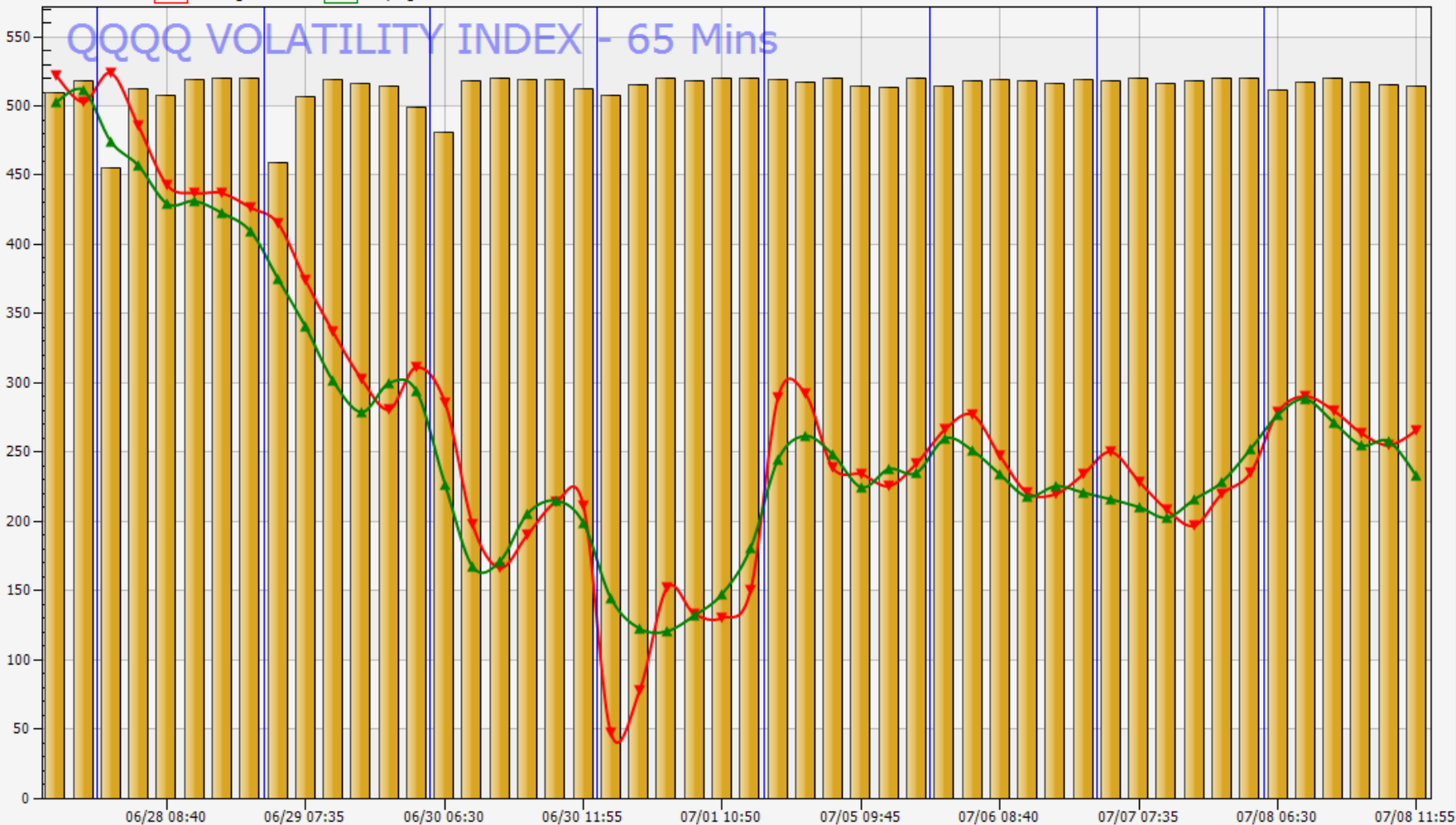
Chart Templates

## Interval Lights

\$QQV  
QQQQ VOLATILITY INDEX



Volume Selling Pressure Buying Pressure



## Interval Data View

Close	15.03
Open	15.70
High	15.15
Low	14.99
Start Date	11:55 07/08/2...
End Date	13:00 07/08/2...
Volume	514
Net Change	-0.64
Average True ...	0.5908

## Streaming Data View

Last	14.98
Open	15.51
High	17.23
Low	14.96
Close	15.51
Volume	6,101
Ask Price	21.01
Bid Price	21.01
% G/L	-3.42%
O Change	-0.53
G/L	-0.53
52W High	109.94
52W Low	12.16
ATR	0.5908
Day ATR	1.9775

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1,343.80  
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## Pressure QQQ - M (Weeks)

MBT World Stocks Overview Pressure QQQ - M (Weeks)



Chart Properties  
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## Interval Lights

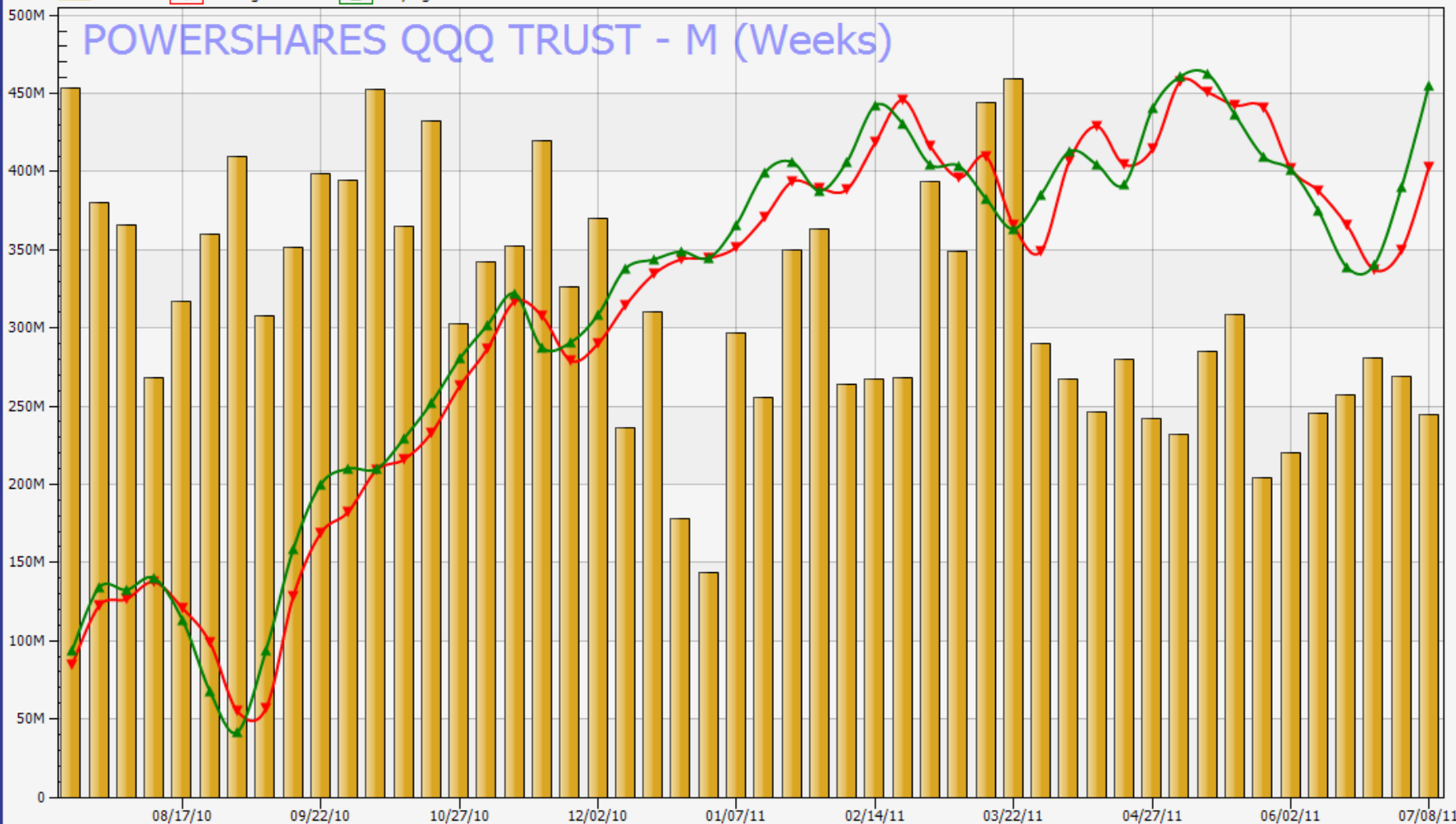
QQQ  
POWERSHARES QQQ TRUST

L2  
T  
F



Volume Selling Pressure Buying Pressure

## POWERSHARES QQQ TRUST - M (Weeks)



## Interval Data View

Close	59.02
Open	57.10
High	59.36
Low	56.92
Start Date	06:30 07/01/2...
End Date	13:00 07/08/2...
Volume	244,200,358
Net Change	1.97
Average True ...	1.9042

## Streaming Data View

Last	59.03
Open	58.70
High	59.04
Low	58.37
Close	59.19
Volume	69,439,761
Ask Price	59.16
Bid Price	59.13
% G/L	-0.27%
O Change	0.33
G/L	-0.16
52W High	59.36
52W Low	42.97
ATR	1.9042
Day ATR	0.8059

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-12.85  
1,343.80  
-9.42

Pressure \$QQV - M (Weeks)

MBT World Stocks Overview Pressure \$QQV - M (Weeks)

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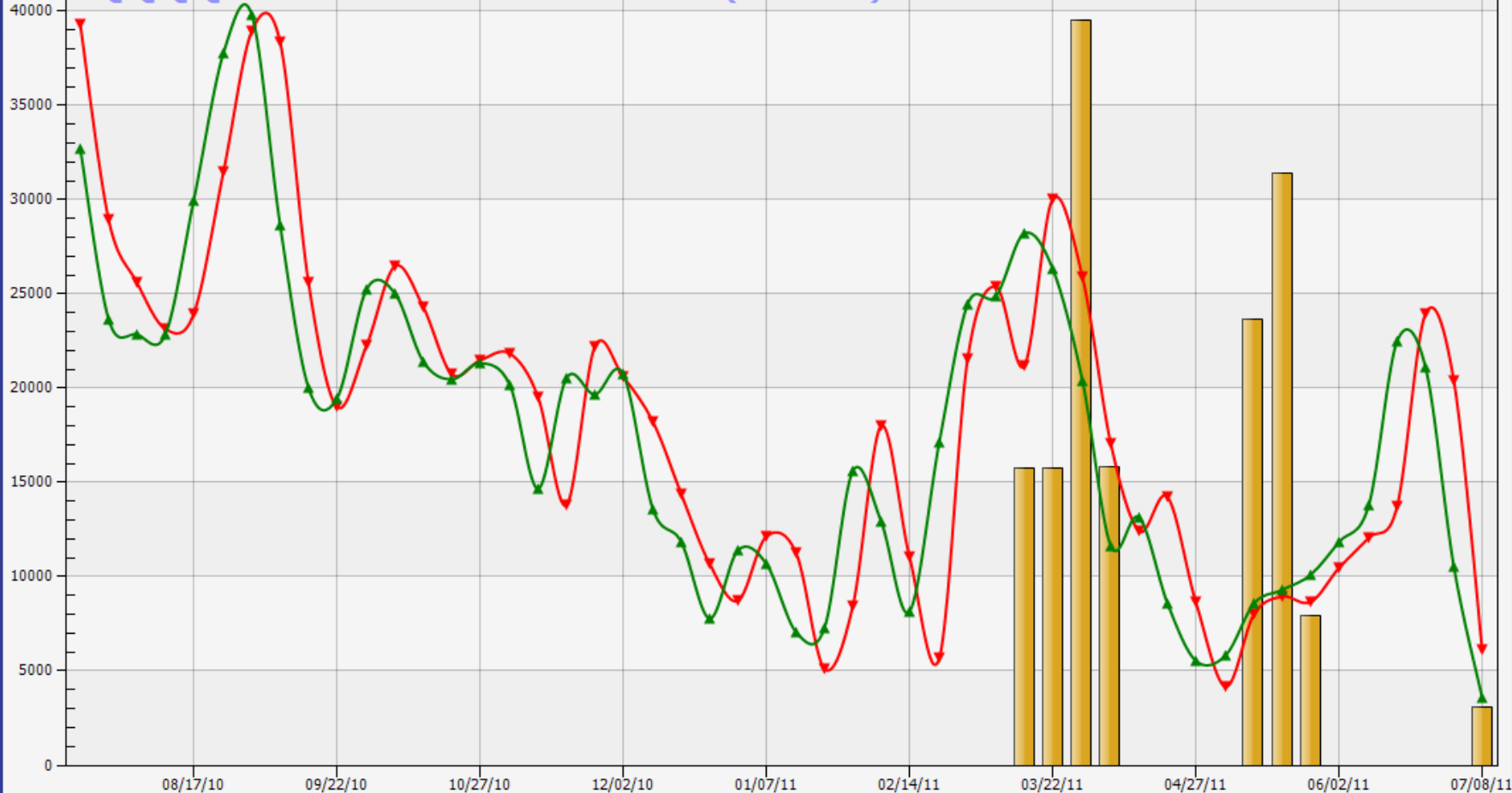
\$QQV  
QQQQ VOLATILITY INDEX

L2  
T  
F



Volume Selling Pressure Buying Pressure

QQQQ VOLATILITY INDEX - M (Weeks)



Interval Data View

Close	15.03
Open	14.65
High	17.23
Low	12.16
Start Date	06:30 07/01/2...
End Date	13:00 07/08/2...
Volume	3,094
Net Change	0.38
Average True ...	4.9945

Streaming Data View

Last	14.98
Open	15.51
High	17.23
Low	14.96
Close	15.51
Volume	6,101
Ask Price	21.01
Bid Price	21.01
% G/L	-3.42%
O Change	-0.53
G/L	-0.53
52W High	109.94
52W Low	12.16
ATR	4.9945
Day ATR	1.9775



- Look for an entry to make 12 cents
- **KNOW YOUR DAILY ATR**
- No need to hold overnight
- You need a 30 to bounce twice to get a 65
- Low risk is playing w/ a 30 and a 65
- QQQ & QQV should be a mirror image
- If they don't line up, it's not a **STRONG** move
- Use ITM puts/calls for day/active
- ATM can work coming off of good tops
- Look for the 72 delta sweet spot
- You are constantly monitoring the 10, 65, MT
- Compare volume to previous
- **Know your S/R levels in all time frames (log)**
- Take screen shots of good days
- Have a plan and use it.

**GOOD LUCK**

**GOOD TRADING**

**THE END**